

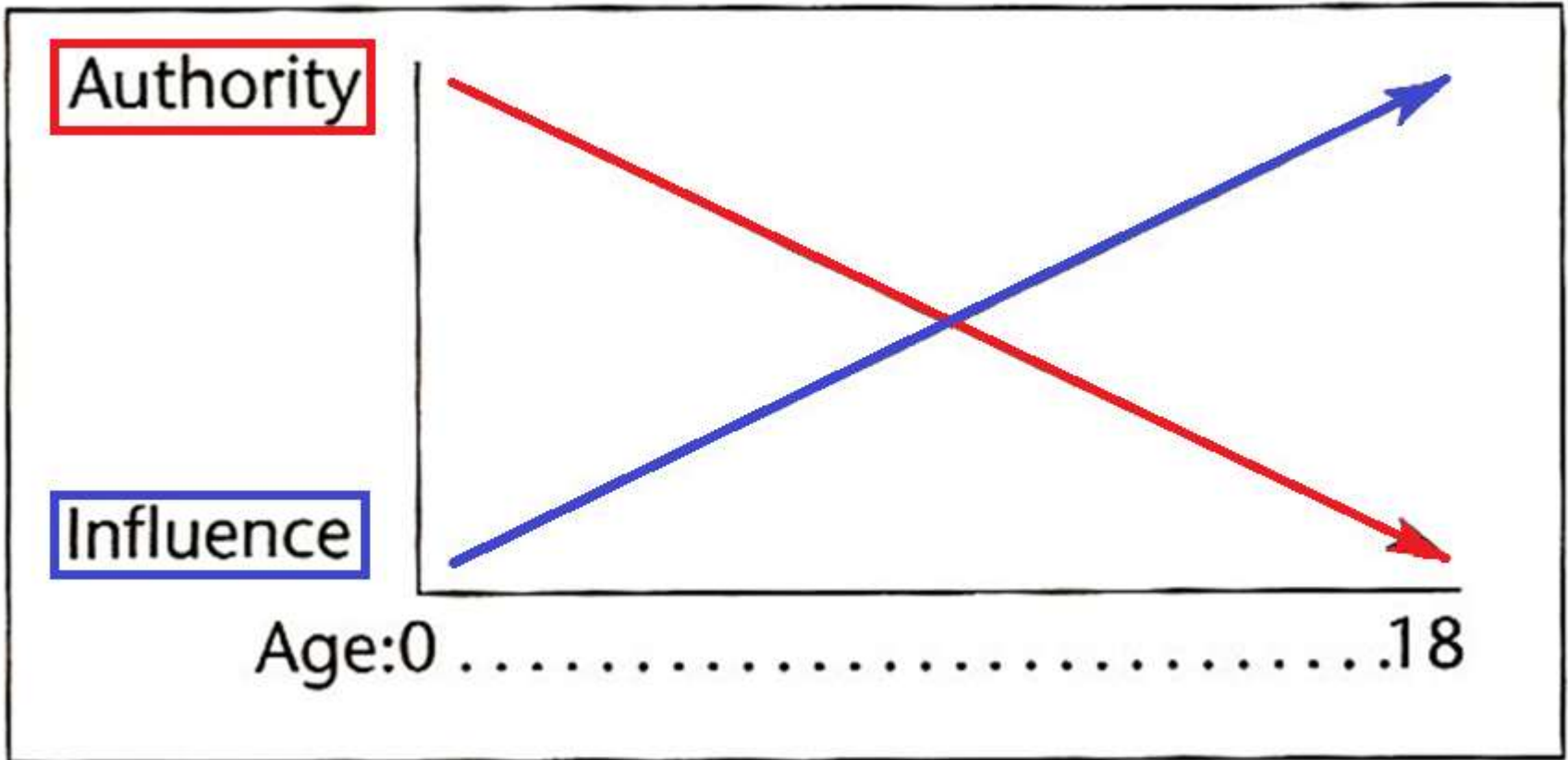


Training in Godliness

Growing Godly Families – WCBS 2017

“Train up a child
according to their Age”

Moving through the 4 phases of parenting



1 Timothy 1:5

But the goal of our instruction is love from a pure heart and a good conscience and a sincere faith.



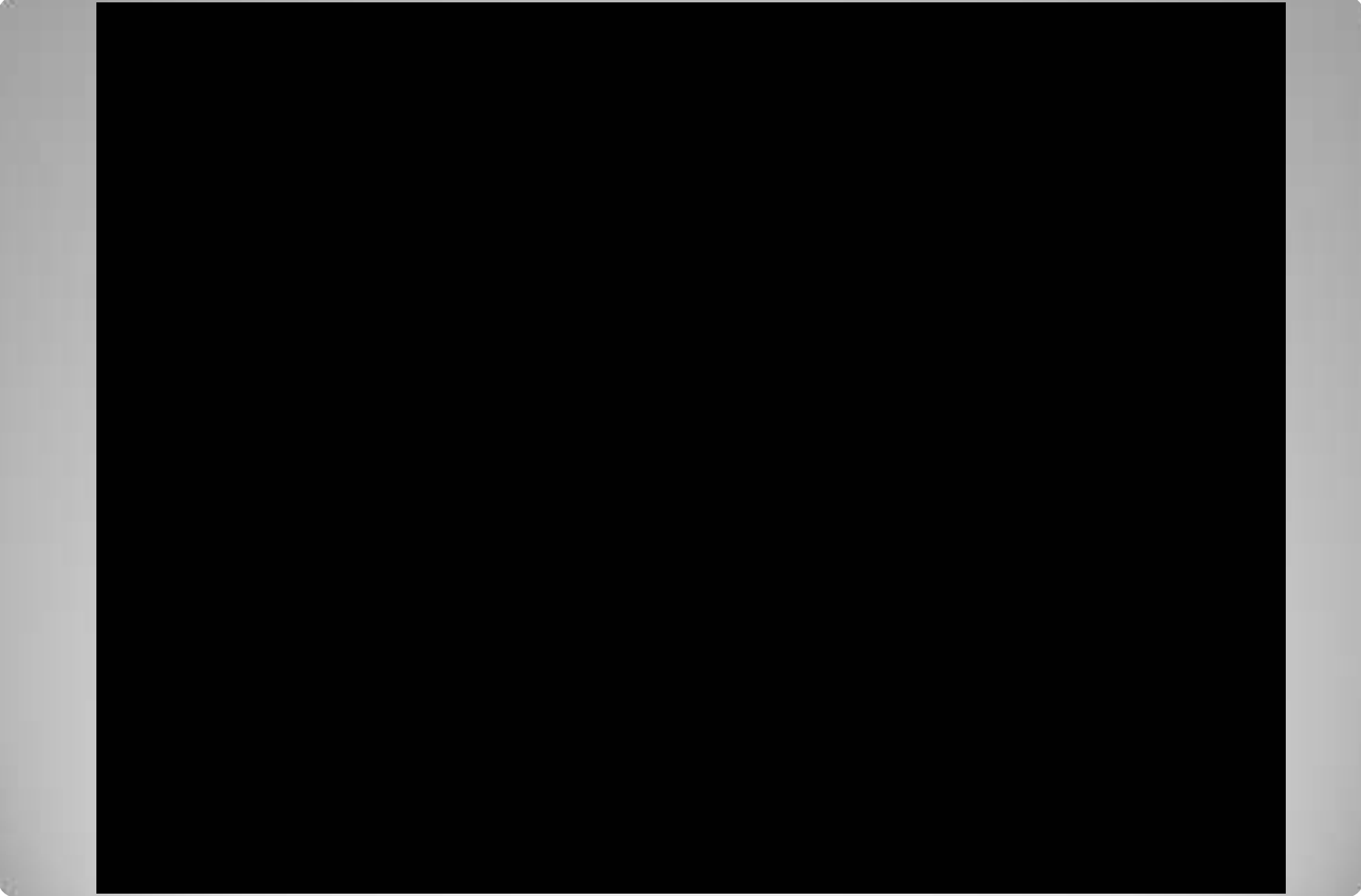
Goal = Developing Conscience

- Deu 6:5 You shall love the LORD your God with all your heart and with all your soul and with all your might.
- Deu 6:6 And these words that I command you today shall be on your heart.
- Deu 6:7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

Heart Training – in times of Non-Conflict



Training takes Time



Train to Principles

- Deu 6:5 You shall love the LORD your God with all your heart and with all your soul and with all your might.
- Deu 6:6 And these words that I command you today shall be on your heart.
- Deu 6:7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

Heart Training – in times of Non-Conflict

BIGGEST Parenting Determinant

= our Expectations

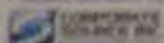
Outcome Depends on us

**Your child's success or lack of
success in sports does not indicate
what kind of parent you are.**



**But having an athlete that is
coachable, respectful, a great teammate,
mentally tough, resilient and tries their best
IS a direct reflection of your parenting.**

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BIGGEST Parenting Determinant

= our Expectations

**Don't confuse
the process
with the outcome**

Outcome Depends on Us

Heb 12:11 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it **yieldeth the peaceable fruit of righteousness** unto them which are exercised thereby.



Produce Peaceable Fruit of Righteousness

Eph 6:1 Children, obey your parents in the Lord:
for this is right.

Col 3:20 Children,
obey *your parents*
in all things:
for this is
well pleasing
unto the Lord.



Secure Boundaries

MORNING ROUTINE



Eat breakfast



Brush teeth



Get dressed



Socks on



PJs under pillow



Make bed



Tidy room



Pack school bag

EVENING ROUTINE



Pack school bag



Toys away



Tidy bedroom



Dirty clothes away



Brush teeth



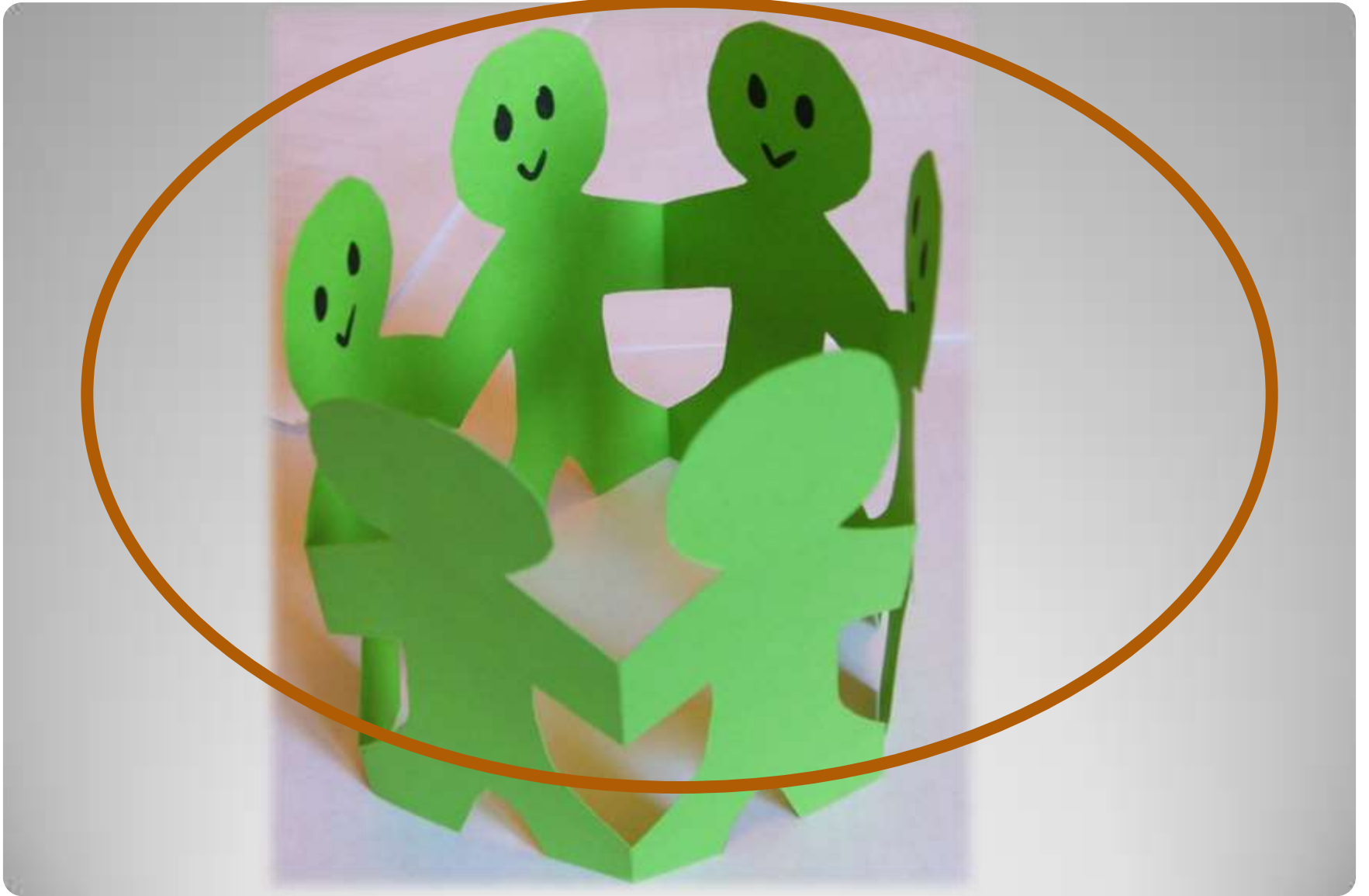
Tidy bathroom



15 min reading



Sweet dreams



Boundaries Help Define 'Family'

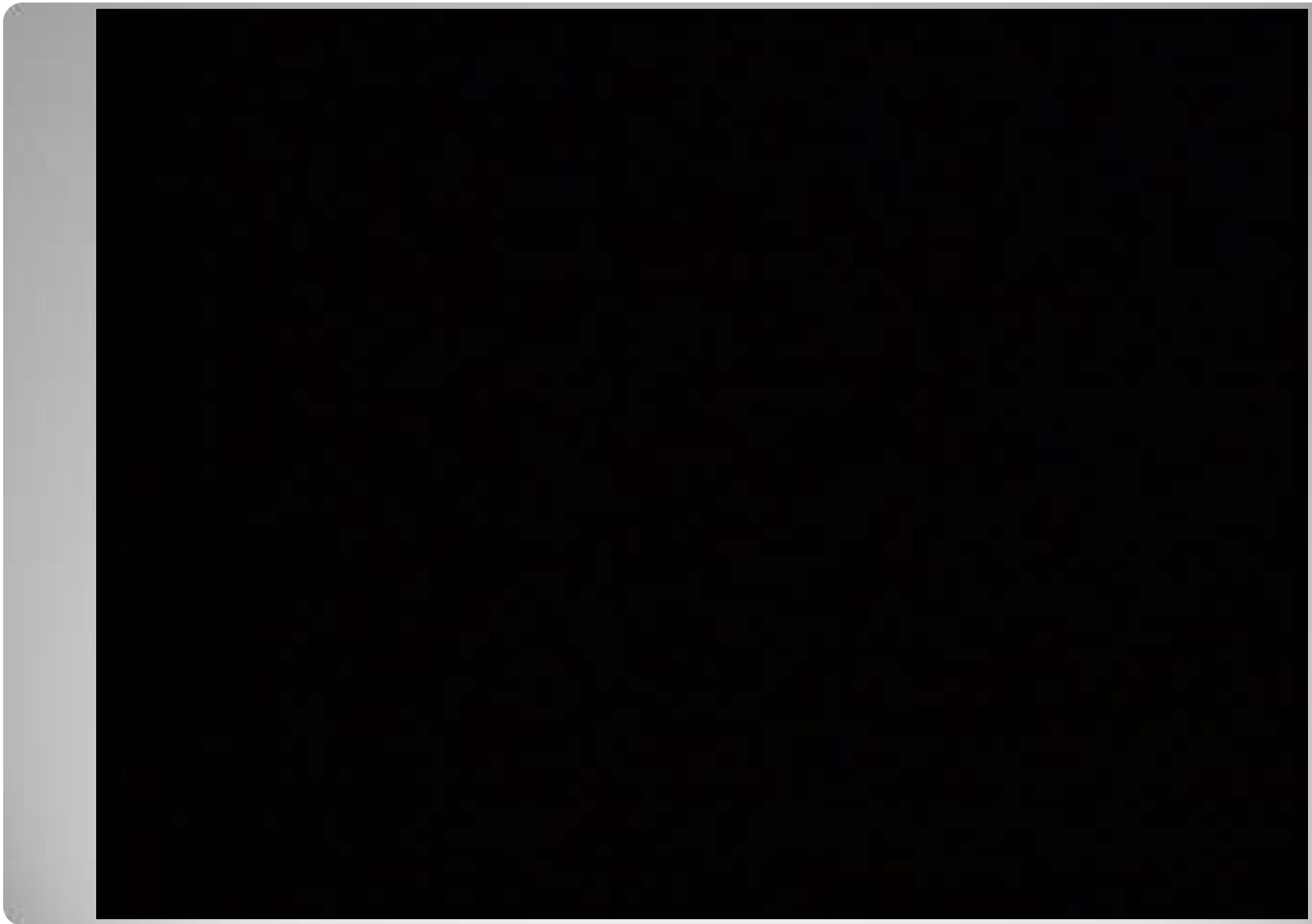
With **FREEDOM** comes **RESPONSIBILITY**

If you want to experience more
FREEDOM in your life....

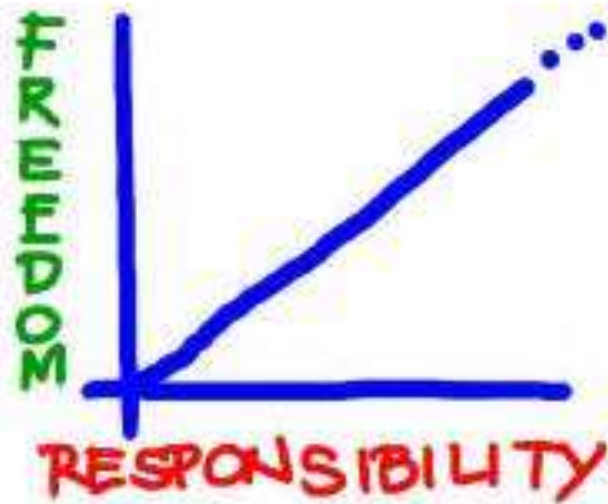
You must take more **RESPONSIBILITY**
for your choices!



Freedom of Choice & Responsibility



Choices



Responsibility

Be dependable

Hold yourself accountable

Do the right thing

Apologize when you make a mistake

Do your best work

Complete what you set out to do

Integrity

Freedom & Responsibility

- Psa 15

O LORD, who shall sojourn in your tent?
Who shall dwell on your holy hill?
He who walks blamelessly and does what
is right and speaks truth in his heart;
who does not slander with his tongue and
does no evil to his neighbor.....
...but who honors those who fear the
LORD; who swears to his own hurt and
does not change;

Teach Honesty and respect

- Obedience
- Respect
 - Authority
 - People
 - Peers
 - Property
 - Nature
- Honesty
- Kindness
- Thoughtfulness
- Self-Control
- Diligence

Moral Training

- Lev 19:32 Thou shalt rise up before the hoary head, and honor the face of the old man, and fear thy God: I *am the LORD*.
- Php 2:3 *Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves.*
- 1 Cor 3:5 [Love] is not rude
- Tit 3:2 to speak evil of no one, to avoid quarrelling, to be gentle, and to show perfect courtesy toward all people.

Respect for Others

"We may not be able to prepare the future—
for our children, but we can at least prepare
our children for the future."

— Franklin D. Roosevelt



Role Play is an Effective Training Tool

- Mat 5:16 Let your light so shine before men, that they may **see your good works**, and **glorify your Father** which is in heaven.
- 1Pe 2:12 **Keep your conduct** among the Gentiles **honorable**, so that when they speak against you as evildoers, they may **see your good deeds** and **glorify God** in the day of visitation.

Showing Gods Glory in Family Conduct

- Thinking of Others
- **Jas 2:8** If ye fulfil the royal law according to the scripture, Thou shalt love thy neighbour as thyself, ye do well:



Develop Outward Looking Attitude

- Eph 6:4 And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.

- Col 3:21 Fathers, provoke not your children *to anger, lest they be discouraged.*



No Confusion or Frustration

- Say what you mean
 - (give clear and specific instructions)
- Instruct in the positive – use Encouraging Words
 - ("show me how carefully")
- Be Fair and Impartial
 - (use a timer to give specific time)
- Don't let the past intrude
 - (try to be in the moment)



Reduce Frustration



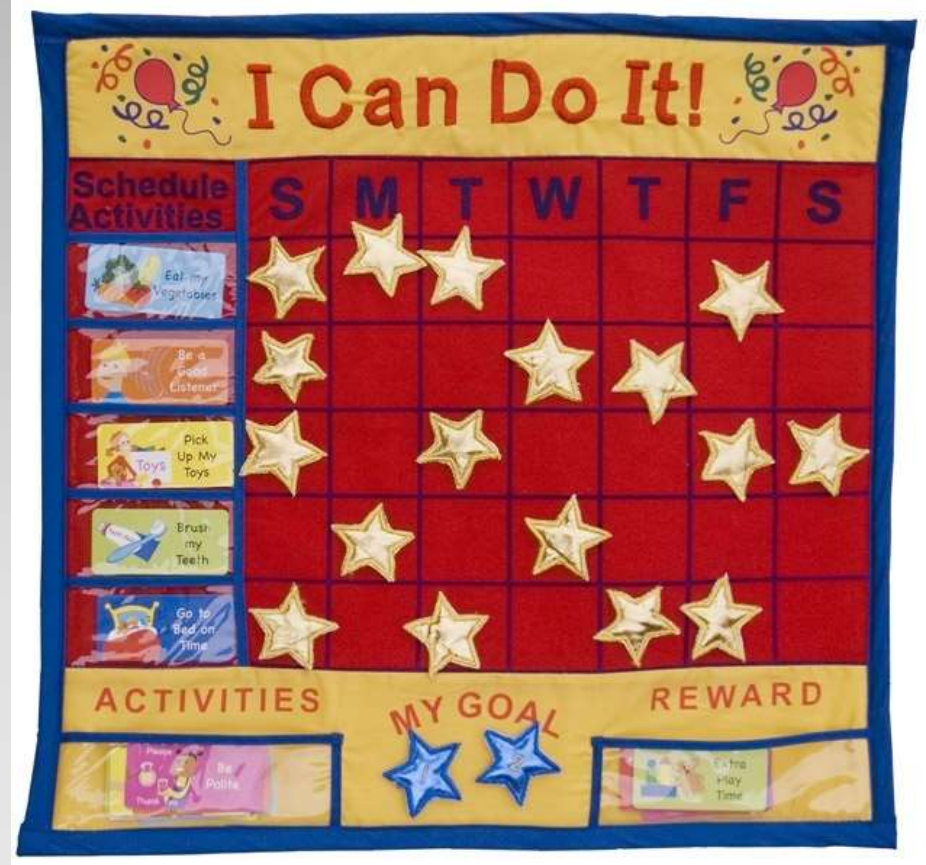
Dad – maximum impact

- Exo 23:8 And you shall take no bribe, for the bribe blinds the wise and perverts the words of the righteous



Don't Bribe

- Rev 22:12 And behold, I am coming quickly, and My reward *is with Me, to give to each according as his work is.*



Rewards



Training Children



2Tim 3:16 All scripture ... is profitable for doctrine, for reproof, for correction, **for instruction in righteousness:**

Discipline & Self-Control



If your children
are not pleasant
to be around...

...then it may be
that you are not
Parenting right.



Parents
– you make
the rules



- Heb 13:20 Now the God of peace, that brought again from the dead our Lord Jesus, that great shepherd of the sheep, through the blood of the everlasting covenant,
- Heb 13:21 Make you perfect in every good work to do his will, **working in you that which is wellpleasing in his sight**, through Jesus Christ; to whom *be* glory for ever and ever. Amen.

Our High calling in Christ Jesus

Wise Praise: 6 rules

1. Praise the effort, not the 'ability'
2. Praise in specifics, not generalities
3. Praise privately
4. Praise authentically, and not too much
5. Praise "now that," not "if then"
6. Praise behaviour, not the child



Praise – Encourage Specific Behaviours

- Deu 6:5 And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.
- Deu 6:6 And these words, which I command thee this day, shall be in thine heart:
- Deu 6:7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

Faith expressed in the Family

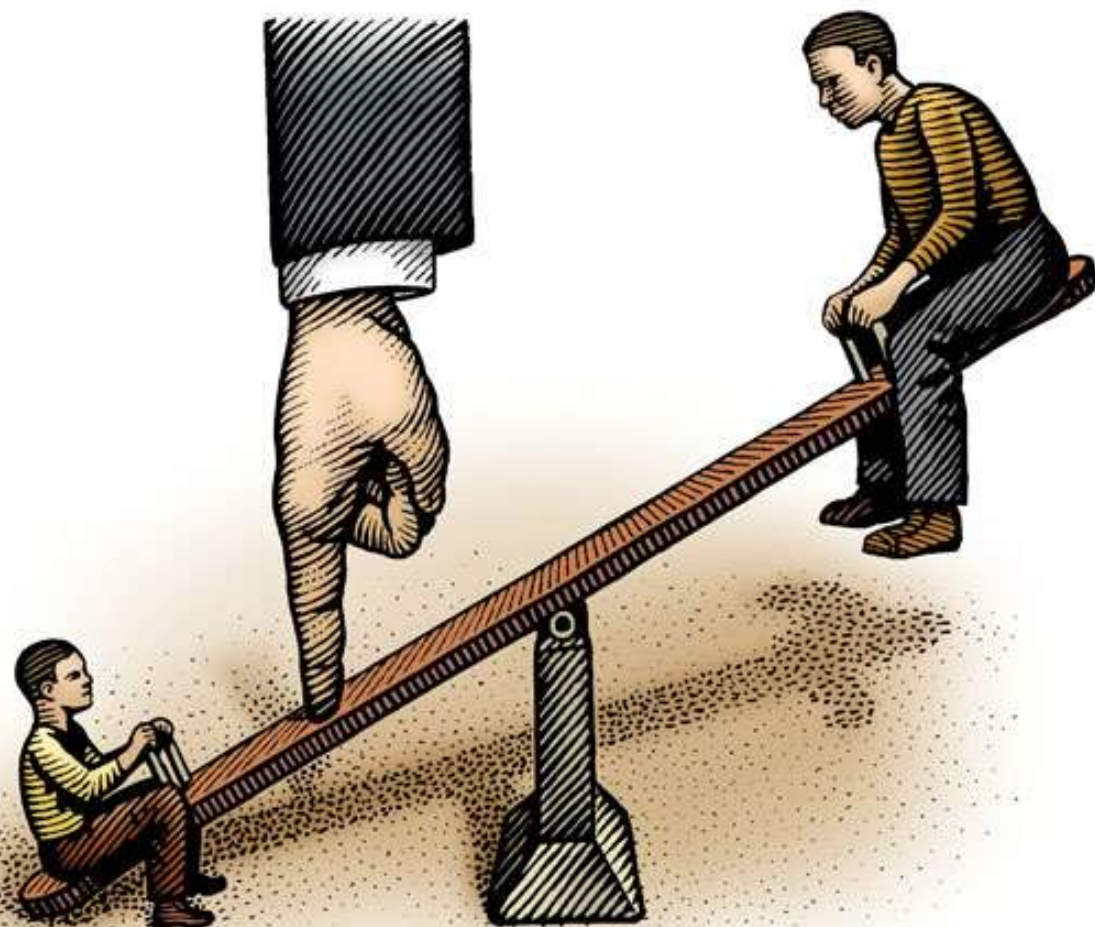


Have a Balanced Perspective

- Deu_25:15 A full and fair weight you shall have, **a full and fair measure** you shall have, that your days may be long in the land that the LORD your God is giving you.



Challenge = Fairness



© Michael Custode

**Fairness – don't over-emphasise your failures
– what are you generally characterised by ?**

- Lam 3:22 *It is of the LORD'S mercies that we are not consumed, because his compassions fail not.*
- Lam 3:23 *They are new every morning: great is thy faithfulness.*



Don't be Frustrated by Failures

- Matt 5:48 You therefore must be perfect, as your heavenly Father is perfect.
- Matt 5:48 You however are to be complete in goodness, as your Heavenly Father is complete
(Weymouth)



- Phil 1:6 And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

Perfection ? – Strive for Complete Goodness

Have a bath - bubbles optional! • Go for a walk • Make a fresh batch of playdough • Put on your favourite music and dance • Draw on my back and I'll guess what you're drawing • Draw with chalk on the pavement • Perform a puppet show • Cut out magazine pictures to make a funny collage • Make a cubby house from blankets • Play a board game • Create an obstacle course • Listen to an audio story • Get threading or try simple sewing • Make a paper chain as long as your house • Play hopscotch or skittles • Make mud pies • Create a magical land • Make a box car or boat, train or plane • Pull weeds or rake leaves • Wash your bike or dolls or the car • Go on a treasure hunt • Bake a cake • Dress up • Read a book • Go for a swim • Play a guessing game • Visit a new park • Make up a game with a blown up balloon • Have a running race or a wheelbarrow race or 3-legged race • Ride your bike or scooter • Make a milkshake or banana split! • Visit the library • Climb a tree • Play a card game or build a house of cards • Play hide and seek • Draw around your body and decorate it • Build a sandcastle • Blow bubbles • Have a picnic in the backyard • Create a crown or superhero mask • Kick a ball • Play shops or restaurants • Take an indoor toy outdoors • Take photos or