



Growing Godly Families



Name:



West Coast Bible School 2017
Growing Godly Families
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Session 1

Foundations of the Family of God

Goals for the week:

1. What are some of the hard things about parenting?
2. What are you most afraid of as a parent?
3. What are you most looking forward to?
4. What do you most want for your children?
5. What do you most want out of the week?



Notes:

God's Purpose & Our Purpose

God as Example – show His Character & Love

Purpose of Family



Notes:

Communication within the Family

Live according to God's Rules

Personality & Character

Motherhood – Salvation



Notes:

Be Trustworthy – like God

Obedience – Command (not an option)

Fatherhood – Encourager

Challenge:



Notes:



Notes:

8 Non-Negotiable Duties of a Father

- 1. A father must cultivate a sense of family identity.**
- 2. A father must regularly demonstrate love to his wife.**
- 3. A father must respect his child's private world.**
- 4. A father must give his children the freedom to fail.**
- 5. A father must be the encourager of the family.**
- 6. A father must guard his tongue and tone.**
- 7. A father must routinely embrace his children.**
- 8. A father must build a relationship of trust with his children built on God's Word and not human.**

A Loving Husband. 1Cor 13:4-7

He is **patient**. *4a* If he feels his wife has done or said something foolish he'll try to overlook it. If it becomes important and needs to be talked about then he'll wait to choose the right moment. If she takes longer to get ready than he expects or even, longer than she said she'd be, he acts as if that's just fine. Though perhaps, over time, he may gently encourage her to improve her punctuality with carefully chosen, tactful and gracious words. He listens to her carefully and doesn't cut her off in mid sentence or correct her in front of others.

He is **kind**. *4b* He does nice things for his wife unexpectedly. He gives up his time to step in when he sees she needs his help. He rings her up out of the blue to see how she is. He holds her hand and gives her random hugs. He surprises her by taking her out to dinner. He never dismisses her feelings as unimportant and always forgives her any wrong she confesses.

He doesn't act like he's in competition with his wife, behaving with **jealous** *4c* rivalry towards her. On the contrary, he praises her for her work and her successes. When there is uncertainty over an issue, he values her opinion. He never shows disunity with her in front of anyone including the children. Nor does he attempt to excite jealousy in his wife through improper attention to, or comments about, other women.

He doesn't **Boast**, *4d* showing off or bragging about his successes nor is he **puffed up** *4e* with over-confidence in his natural abilities. He is never too proud to admit when he is wrong, nor to apologise and ask her forgiveness.

He doesn't enjoy shocking her with **rude** *5a* and indecent talk or behaviour. Or make suggestive expressions or hand gestures about her features or figure. He looks after his own personal health and hygiene and shuns all filthy and repulsive habits.

He will always put his wife **before himself** *5b*, he will give up his place for her, he will open doors for her, he waits to cross the road with her. He is willing to share every part of his life with her even his thoughts. He treats his marriage as a priority and sacrifices his needs for hers.

He controls his **anger**. *5c* He isn't so touchy that he 'cracks up' or 'loses it' over every little thing that doesn't go his way. Nor does he gripe and sulk all day because he's doing what she wants and not what he'd rather be doing. If she shares a problem that someone caused her, he will realise she just wants to 'unload' and he won't insist on immediately 'sorting out' the other party. He also allows her to moderate any necessary discipline of the children so that it is not acted out in a blind rage.

He is not '**keeping score**' *5d* of his wife's mistakes to prove to himself how much better he is, nor is he always reminding her of them. He will make it his priority to resolve outstanding issues graciously and then 'bury' them so she knows they are gone.

He doesn't find it amusing when she or any other person **goes wrong** *6a* nor does he laugh at others when they accidentally 'slip-up' to their own hurt.



A Loving Husband (Cont...)

He is always **truthful 6b** and open with his wife and always first to applaud whatever is good, upright and honest in life, whether in word or deed. Lies are abhorrent to him.

He can be relied upon to **protect 7a** his wife, providing for her health and her safety. He will always step in on her behalf if anyone is troubling her. He is the one in the relationship who will take responsibility to shield her from problems and troubles. He knows that the education, welfare and discipline of their children is his responsibility.

He is never suspicious of his wife or doubting of her motives. He **trusts 7b** her implicitly even as he himself is completely trustworthy. He has unshakeable **faith 7c** and his **confidence 7d** in God's grace means he will keep trying, **never giving up 7c** on her or abandoning her in times of trouble.

While scripture declares a husband has greater responsibility to show the sacrifice of Christ without chauvinism and calls on a husband to love his wife more than himself, it also encourages....

A Loving Wife

Mankind was created to be children of God, to be in His likeness and to manifest His character. (*Gen.1:26, 1Jhn. 3:1,2, 1Cor. 11:7*) As demonstrated by Jesus Christ, 'love' is the ultimate expression of God's character in mankind. (*1Jhn. 4:8,16, 1Cor. 13:1-3*) Woman was specially created for man to help each other in this goal of 'love'. (*Gen. 2:18, 23, 1Cor. 11:9, Eph. 5:25, 28, 33*) A man's sacrifice for her is incentive for her loving sacrifice in response. (*1Cor. 11:7, 1Pet. 3:1, Eze 24:16, Son. 4:1*) Her respect for him is an integral part of her godly appeal. (*Eph 5:33, Pro. 11:22, Pro. 21:9, 27:15, 2Sam. 6:20-3*) In Eden woman unwittingly downgraded man's status when she preferred the erroneous advice of another. (*Gen. 3:13, 1Tmi. 2:12-14*) Unlike Christ, Adam failed to graciously mediate for his bride, instead grasping selfishly for equality with God. (*1 Tim. 2:14, Gen. 3:6, 12, Luk. 23:34, Php. 2:6*) The most effective way a woman can 'help' bring man to God is by her godly character. (*Eph. 5:22, 33, 1Pte. 3:5*) In this role she is both nurturing God's children and obtaining salvation for herself. (*1 Tim. 2:11, 12, 15*)

Family Rules

- We will read the Bible every day
- We will use kind words to each other
- We will treat each other with respect
- We will not provoke one another
- We will use no physical force against each other
- We will not be selfish but share with others
- We will complete all chores and homework willingly and diligently
- We will not lie to one another
- We will clean up after ourselves and our friends
- We will cooperate and contribute as a team
- We will not pout or argue

Parental Responsibilities

1. Follow the example of our Heavenly Father and demonstrate His Authority and Character
2. Lead in love and demonstrate loving communication
3. Be trustworthy and cultivate trust
4. Regularly renew the principles from God's word in our heart
5. Teach principles and moral lessons along the way
 - Obedience
 - Honesty
 - Respect of Elders, Respect for each other
 - Kindness & Thoughtfulness
 - Self-control
 - Diligence
6. Encourage – don't provoke
7. Always influence for good
8. Correct our children
9. Guard our tongue and tone
10. Be worthy of honour as a father or mother



Moral Training List

Obeying Parents

– Eph 6:1-2; Col 3:20

Anger/Self control

– Prov 14:17, 14:29, 15:1, 15:18, 16:32, 25:28

Bad Language

– Eph 4:29-32; Mat 5:21-22; Jam 3:8-10

Lying

– Prov 6:16-19, 12:19, 12:22; Eph 4:25; Col 3:9

Stealing/Restitution

– Lev 6:1-5; Num 5:6-7; Prov 6:30-31, 28:24; Luk 19:8-9

Vengeance/Forgiveness

– Matt 18:21-35; Mark 11:25-26; Col 3:12-14; Eph 4:31-32

Laziness

– Prov 12:24, 13:4, 15:19, 18:9, 20:4, 24:30-34, 26:13-16, 2 Thess 3:6-12

Pride

– Proverbs 8:13, 11:2, 16:5, 14:33, 21:4, 25:27, 29:1; Phil 2:1-11

Talebearing/Gossip

– Psa 15:1-3; Prov 11:13, 16:28, 17:9, 18:8

Additional Bible Studies and References:

- Gen 2:18 And the LORD God said, It is not good that the man should be alone; I will make him a help meet for him.*
- Gen 2:21 And the LORD God caused a deep sleep to fall upon Adam, and he slept: and he took one of his ribs, and closed up the flesh instead thereof;*
- Gen 2:22 And the rib, which the LORD God had taken from man, made he a woman, and brought her unto the man.*
- Gen 2:23 And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man.*
- Gen 2:24 Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.*
- Exo 20:12 Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.*
- Deu 5:16 Honour thy father and thy mother, as the LORD thy God hath commanded thee; that thy days may be prolonged, and that it may go well with thee, in the land which the LORD thy God giveth thee..*
- Psa 37:3 Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.*
- Psa 37:5 Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.*
- Psa 103:13 Like as a father pitieth his children, so the LORD pitieth them that fear him*
- Psa 127:3 Lo, children are an heritage of the LORD: and the fruit of the womb is his reward*
- Pro 3:3 Let not mercy and truth forsake thee: bind them about thy neck; write them upon the table of thine heart:*
- Pro 3:4 So shalt thou find favor and good understanding in the sight of God and man.*



- Pro 8:33 Hear instruction, and be wise, and refuse it not.*
- Pro 9:9 Give instruction to a wise man, and he will be yet wiser: teach a just man, and he will increase in learning.*
- Isa 26:4 Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength:*
- Mic 6:8 He hath showed thee, O man, what is good; and what doth the LORD require of thee, but to do justly, and to love mercy, and to walk humbly with thy God?*
- Hab 2:14 For the earth shall be filled with the knowledge of the glory of the LORD, as the waters cover the sea.*
- Mat 19:4 And he answered and said unto them, Have ye not read, that he which made them at the beginning made them male and female,*
- Mat 19:5 And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh*
- Mat 19:6 Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.*
- Joh 3:16 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.*
- Joh 13:34 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.*
- Joh 13:35 By this shall all men know that ye are my disciples, if ye have love one to another.*
- Gal 6:10 As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.*
- Eph 4:2 With all lowliness and meekness, with longsuffering, forbearing one another in love;*
- Eph 4:32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*

- Eph 5:1 Be ye therefore followers of God, as dear children;*
- Eph 5:25 Husbands, love your wives, even as Christ also loved the church, and gave himself for it;*
- Eph 5:26 That he might sanctify and cleanse it with the washing of water by the word,*
- Eph 5:27 That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.*
- Eph 5:28 So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.*
- Eph 5:29 For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church:*
- Eph 5:30 For we are members of his body, of his flesh, and of his bones.*
- Eph 5:31 For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh.*
- Eph 5:32 This is a great mystery: but I speak concerning Christ and the church.*
- Eph 5:33 Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.*
- Eph 6:1 Children, obey your parents in the Lord: for this is right.*
- Eph 6:2 Honour thy father and mother; (which is the first commandment with promise;)*
- Eph 6:3 That it may be well with thee, and thou mayest live long on the earth.*
- Eph 6:4 And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.*
- Php 2:3 Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves.*
- Php 2:4 Look not every man on his own things, but every man also on the things of others.*
- Php 2:5 Let this mind be in you, which was also in Christ Jesus:*
- Php 2:6 Who, being in the form of God, thought it not robbery to be equal with God:*
- Php 2:7 But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men:*
- Php 2:8 And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross.*
- Php 2:14 Do all things without murmurings and disputings:*



- 1 Tim 2:15 Notwithstanding she shall be saved in [childrearing], if they continue in faith and charity and holiness with sobriety.*
- Heb 3:13 But exhort one another daily, while it is called Today; lest any of you be hardened through the deceitfulness of sin.*
- Heb 10:24 And let us consider one another to provoke unto love and to good works:*
- Heb 5:8 Though he were a Son, yet learned he obedience by the things which he suffered;*
- 1Pet 1:22 Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently:*
- 1Pet 3:1 Likewise, ye wives, be in subjection to your own husbands; that, if any obey not the word, they also may without the word be won by the conversation of the wives;*
- 1Pet 3:7 In a similar way, you husbands must live with your wives in an understanding manner, as with a most delicate vessel. Honor them as heirs with you of the gracious gift of life, so that nothing may interfere with your prayers.*
- 1Pet 3:8 Finally, all of you must live in harmony, be sympathetic, love as brothers, and be compassionate and humble. (ISV)*
- 1Joh 4:7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.*
- 1Joh 4:8 He that loveth not knoweth not God; for God is love..*
- 1Joh 4:9 In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him.*
- 1Joh 4:10 Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins.*
- 1Joh 4:11 Beloved, if God so loved us, we ought also to love one another.*
- 1Joh 4:12 No man hath seen God at any time. If we love one another, God dwelleth in us, and his love is perfected in us.*



Session 2

Making Disciples of our Children

Notes:

Parenting process

Consistent & motivated parents

Have a plan

Obedience

- Don't confuse wants with needs

Heart training



Notes:

Encourage obedience

- *Say what you mean & mean what you say*

- 5min warning

Consequences

- physical & natural

Discipline

- childishness Vs foolishness

Notes:

Conflict resolution – not conflict avoidance

Consider for Chastisement or Consequence:

- Your state of mind
- Age of Child
- Seriousness of the offense
- What the child is characterised by
- Child's disposition

Treat each incident separately

Challenge:



Notes:

Timeout Reflection Card:

**What did I do
that was wrong?**

Why was it wrong?

**What can I do
to make it better?**

First Time Obedience

1. Call your child to you and expect a "Yes Mummy" or "Yes Daddy".
2. The child must come to you immediately.
3. Maintain eye contact.
4. Give instruction clearly in 1 or 2 sentences.
5. Expect a verbal response.
6. Child must action instruction and confirm to you that it is done.
7. Encouragement - "Well Done" and a hug.



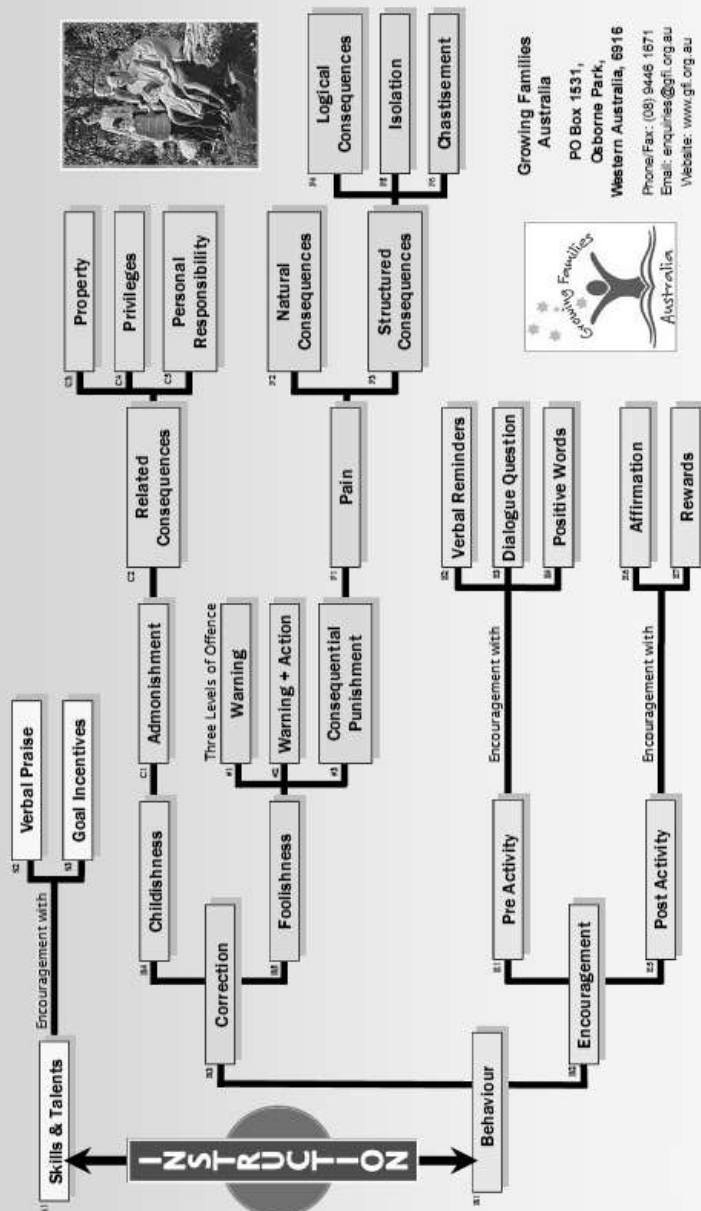


12 STEPS

TO RAISE A JUVENILE DELINQUENT

- 1 Begin with infancy to give the child everything he wants. In this way he will grow up to believe the world owes him a living.
- 2 When he picks up bad words, laugh at him. This will make him think he's cute.
- 3 Never give him any spiritual training. Wait until he is twenty-one and then let "him decide for himself".
- 4 Avoid the use of "wrong". He may develop a guilt complex. This will condition him to believe later, when he is arrested, that society is against him and he is being persecuted.
- 5 Pick up everything he leaves lying around. Do everything for him so that he will be experienced in throwing all responsibility on others.
- 6 Take his part against neighbors, teachers, and policemen. They are all prejudiced against your child.
- 7 Quarrel frequently in the presence of your children. In this way they won't be so shocked when the home is broken up later.
- 8 Give the child all the spending money he wants. Never let him earn his own.
- 9 Satisfy his every craving for food, drink, and comfort. See that his every sensual desire is gratified.
- 10 Let him read any printed material, and listen to any music he can get his hands on. Be careful that the silverware and drinking glasses are sterilized, but let his mind feast on garbage.
- 11 When he gets into real trouble, apologize to yourself by saying, "I could never do anything with him."
- 12 Prepare for a life of grief. You will likely have it.

Let The Children Come... ALONG THE VIRTUOUS WAY - DISCIPLINE FLOW CHART -



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If	Scripture	Then
Disobedience:		
not answering and coming when called	He who spares the rod hates his son, but he who loves him is careful to discipline him. Proverbs 13:24	chastisement
not following instructions completely	Children, obey your parents in the Lord, for this is right. Ephesians 6:1	loss of privilege
taking liberties that don't belong to you	He who ignores discipline comes to poverty and shame, but whoever heeds correction is honored. Proverbs 13:18	chastisement
doing regular chores or schoolwork poorly or with a bad attitude/whining	Diligent hands will rule, but laziness ends in slave labor. Proverbs 12:24	extra work
dawdling during regular chore time or school	The sluggard craves and gets nothing, but the desires of the diligent are fully satisfied. Proverbs 13:4	loss of free time
Disrespect/Defiance:		
✓ talking back, shouting "No" or "I won't"	✓ The wise in heart accepts commands, but a clattering fool comes to ruin. Proverbs 10:8	chastisement
✓ making ugly faces, sticking out your tongue, raising your fists, stomping feet, throwing tantrums, walking away when Mom or Dad is talking	✓ The eye that mocks a father, that scorns obedience to a mother, will be pecked out by the ravens of the valley, will be eaten by the vultures. Proverbs 30:17	
✓ arguing, making excuses or blaming someone else when being corrected	✓ Put away perversity from your mouth; keep corrupt talk far from your lips. Proverbs 4:24	
interrupting	If you have played the fool and exalted yourself, or if you have planned evil, clap your hand over your mouth! Proverbs 30:32	
irreverent behavior in church	Observe my Sabbaths and have reverence for my sanctuary. I am the Lord. Leviticus 19:30	hand over mouth 30 minutes early to bed
whining when given an instruction to do or NOT to do something or doing that thing poorly or with a crummy effort	Do everything without complaining or arguing. Philippians 2:14 Lazy hands make a man poor, but diligent hands bring wealth. Proverbs 10:4	extra work or loss of privileges
Unkind and Unloving Actions or Words:		
name calling, teasing, yelling at others, giving orders, picking fights, causing trouble	Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. 2 Timothy 2:23	isolation
hitting, biting, kicking, throwing	Better a patient man than a warrior, a man who controls his temper than one who takes a city. Proverbs 16:32	chastisement
tattle tale	He who covers over an offense promotes love, but whoever repeats the matter separates close friends. Proverbs 17:9	isolation
meddling, busybody	Like one who seizes a dog by the ears is a passer-by who meddles in a quarrel not his own. Proverbs 26:17	
abusing others' toys or belongings	If a man grazes his livestock in a field or vineyard and lets them stray and they graze in another man's field, he must make restitution from the best of his own field or vineyard. Exodus 22:5	fine or double restitution

Selfishness:		
refusing to play with others	Nobody should seek his own good but the good of others. 1 Corinthians 10:24	isolation
not giving others a turn, being greedy	Give to the one who asks you, and do not turn away from the one who wants to borrow from you. Matthew 5:42	loss of possessions
coveting	Keep your lives free from the love of money and be content with what you have. Hebrews 13:5a	blessing journal
Character Traits:		
lying	The Lord detests lying lips, but he delights in men who are truthful. Proverbs 12:22	chastisement and 30 minutes early to bed
stealing	He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need. Ephesians 4:28	chastisement and double restitution
cheating	The Lord detests differing weights, and dishonest scales do not please him. Proverbs 20:23	chastisement and fine
proud attitude	The Lord detests all the proud of heart. Be sure of this: They will not go unpunished. Proverbs 16:5	chastisement and loss of privileges
Bad Habits:		
rude behavior, poor manners	Be devoted to one another in brotherly love. Honor one another above yourselves. Romans 12:10 Love is not rude 1 Corinthians 13:5	loss of privileges
yelling and/or running in the house	Each of you should look not only to your own interests, but also to the interests of others. Philippians 2:4	isolation
wastefulness/carelessness	Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living. After he had spent everything, there was a severe famine in that whole country, and he began to be in need. Luke 15:13-14	fine or loss of possessions

Penalties

- Isolation = 15-30 minutes bed arrest
- Loss of privileges = TV, playing with others, swimming, computer, any privilege related to the offense, etc.
- Loss of possessions = losing the toy that is being abused or causing a problem
- Blessing Journal = listing 10 things you have to be thankful for



Research - Traditional Dads Do Best:

Dr. Sarah Schoppe-Sullivan did a study of parenting styles, and how they relate to aggressiveness and acting out at school. The fathers in her study fell into three camps - the Progressive Dads, the Traditional Dads, and the Disengaged Dads.

We might expect that the Progressive Dads would smoke their competition. No longer inhibited by gender roles, and very involved in child rearing from the moment of birth, Progressive Dads are regularly shown in the research to be an almost universally good phenomenon. Children of these coparenting fathers have better sibling relationships, feel good about themselves, and do better academically.

And at first, in Schoppe-Sullivan's study, the Progressive Dads far outshone the other two groups. In the lab, they were more engaged with both spouses and kids. At home, they shared responsibility for the children. While the Traditional Dads were involved parents, their involvement was usually at their wives' direction. The Progressive Dads, on the other hand, were adept parents on their own. These dads figured out what the kid should be wearing for school and the rest of the morning routine and then put the child to bed. They played more with the kids, and they were more supportive when they did so. They were just as likely as the moms to stay home from work if the kid was sick.

However, Schoppe-Sullivan was surprised to discover that the Progressive Dads had poorer marital quality and rated their family functioning lower than the fathers in couples who took on traditional roles. Their greater involvement may have led to increased conflict over parenting practices - which in turn would affect their kids.

At the same time, the Progressive Dad was inconsistent in what forms of discipline he ultimately used: he wasn't as strong at establishing rules or enforcing them. Extrapolating from earlier research showing that fathers often doubt their ability to effectively discipline a child, Sullivan has hypothesized that the Progressive Dad may know how *not* to discipline a child (i.e., hit the kid, scream), but he doesn't know what to do instead. Indeed, the whole idea that he would actually need to discipline a child - that the kid hasn't simply modeled the father's warm, compassionate ways - may throw him for a loop. Moreover, he finds punishing his kid acutely embarrassing. Therefore, one day it'd be no dessert; the next day the silent treatment; the third it would be a threat of no allowance if the infraction happened again; the fourth it'd be psychological criticism meant to induce guilt. He's always trying something new, and caving at the wrong time.

This inconsistency and permissiveness led to a surprising result in Sullivan's study: the children of Progressive Dads were aggressive and acted out in school nearly as much as the kids with fathers who were distant and disengaged.

There's an old word in the Oxford English Dictionary that means "one skilled in the rearing of children." The word is *pedotrophist*. We sometimes assume that today's progressive coparents who can set up a portable crib in sixty seconds and can change a diaper one-handed are the contemporary *pedotrophists*.

But at least in one dimension, the progressive parent appears to come with a natural weakness.

NurtureShock – new thinking about children by Po Bronson & Ashley Merryman Pg 195-196

Additional Bible Studies and References:

- Gen 12:3 And I will bless them that bless thee, and curse him that curseth thee: and in thee shall all families of the earth be blessed.*
- Gen 18:18 Seeing that Abraham shall surely become a great and mighty nation, and all the nations of the earth shall be blessed in him?*
- Gen 18:19 For I know him, that he will command his children and his household after him, and they shall keep the way of the LORD, to do justice and judgment; that the LORD may bring upon Abraham that which he hath spoken of him.*
- Exo 20:12 Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.*
- Deu 6:5 And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.*
- Deu 6:6 And these words, which I command thee this day, shall be in thine heart:*
- Deu 6:7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.*
- Deu 8:5 Thou shalt also consider in thine heart, that, as a man chasteneth his son, so the LORD thy God chasteneth thee.*
- 1Sa 2:29 Wherefore kick ye at my sacrifice and at mine offering, which I have commanded in my habitation; and honourest thy sons above me, to make yourselves fat with the chiefest of all the offerings of Israel my people?*
- 1Sam 3:12 In that day I will perform against Eli all things which I have spoken concerning his house: when I begin, I will also make an end.*
- 1Sam 3:13 For I have told him that I will judge his house for ever for the iniquity which he knoweth; because his sons made themselves vile, and he restrained them not.*
- 2Sam 7:14 I will be his father, and he shall be my son. If he commit iniquity, I will chasten him with the rod of men, and with the stripes of the children of men:*
- 1Kin 1:6 And his father had not displeased him at any time in saying, Why hast thou done so? and he also was a very goodly man; and his mother bore him after Absalom.*
- Job 5:17 Behold, happy is the man whom God correcteth: therefore despise not thou the chastening of the Almighty:*
- Job 5:18 For he maketh sore, and bindeth up: he woundeth, and his hands make whole.*



Psa 94:10 He that chastiseth the heathen, shall not he correct? he that teacheth man knowledge, shall not he know?

Psa 94:11 The LORD knoweth the thoughts of man, that they are vanity.

Psa 94:12 Blessed is the man whom thou chastenest, O LORD, and teachest him out of thy law;

Psa 119:11 Thy word have I hid in mine heart, that I might not sin against thee.

Pro 1:8 My son, hear the instruction of thy father, and forsake not the law of thy mother:

Pro 1:9 For they shall be an ornament of grace unto thy head, and chains about thy neck.

Pro 3:11 My son, despise not the chastening of the LORD; neither be weary of his correction:

Pro 3:12 For whom the LORD loveth he correcteth; even as a father the son in whom he delighteth.

Pro 4:23 Keep thy heart with all diligence; for out of it are the issues of life.

Pro 10:13 In the lips of him that hath understanding wisdom is found: but a rod is for the back of him that is void of understanding.

Pro 10:17 He is in the way of life that keepeth instruction: but he that refuseth reproof erreth.

Pro 13:24 He that spareth his rod hateth his son: but he that loveth him chasteneth him quickly.

Pro 15:5 A fool despiseth his father's instruction: but he that regardeth reproof is prudent.

Pro 19:18 Chasten thy son while there is hope and set not thy heart on his destruction.

Pro 22:15 Foolishness is bound in the heart of a child; but the rod of correction shall drive it far from him.

Pro 23:13 Withhold not correction from the child: for if thou beatest him with the rod, he shall not die.

Pro 23:14 Thou shalt beat him with the rod, and shalt deliver his soul from hell.

Pro 26:3 A whip is for the horse, a bridle for the donkey, And a rod for the back of fools.

Pro 29:15 The rod and reproof give wisdom: but a child left to himself bringeth his mother to shame.

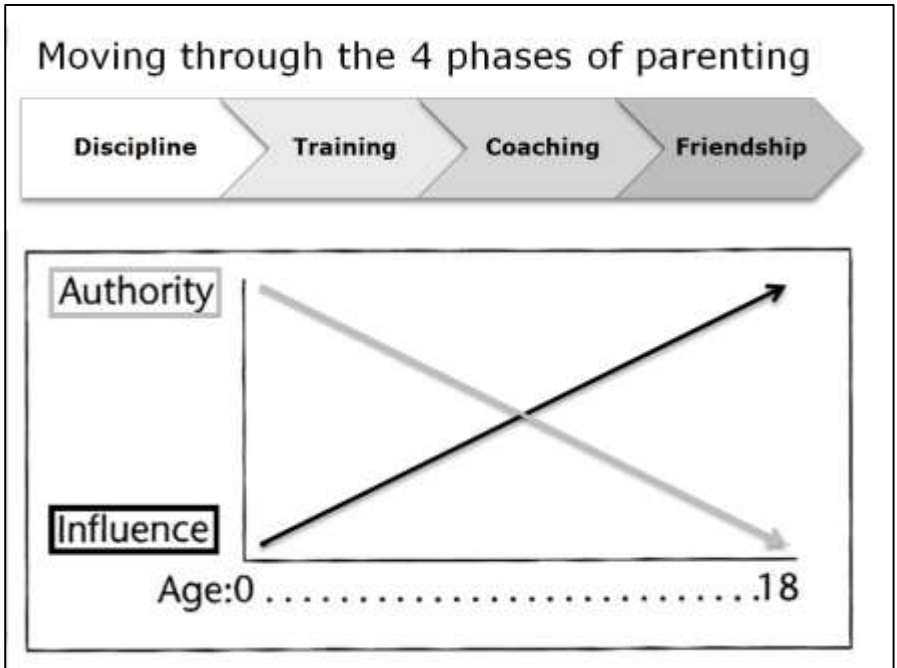
- Pro 29:17 Correct thy son, and he shall give thee rest; yea, he shall give delight unto thy soul.*
- Ecc 8:11 Because sentence against an evil work is not executed speedily, therefore the heart of the sons of men is fully set in them to do evil.*
- Ecc 10:9 Whoso removeth stones shall be hurt therewith; and he that cleaveth wood shall be endangered thereby.*
- Mat 7:26 And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:*
- Mar 1:18 And straightway they forsook their nets, and followed him.*
- Rom 6:16 Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?*
- 1Cor 11:31 For if we would judge ourselves, we should not be judged.*
- 1Cor 11:32 But when we are judged, we are chastened of the Lord, that we should not be condemned with the world.*
- Gal 6:10 As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.*
- Gal 6:7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.*
- Eph 3:20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,*
- Eph 4:32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*
- Eph 6:1 Children, obey your parents in the Lord: for this is right.*
- Eph 6:2 Honour thy father and mother; (which is the first commandment with promise;)*
- Php 1:10 That ye may approve things that are excellent; that ye may be sincere and without offence till the day of Christ;*
- Php 2:14 Do all things without murmurings and disputings:*
- Col 3:16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.*
- Col 3:20 Children, obey your parents in all things: for this is well pleasing unto the Lord.*



- 1Tim 4:2 Speaking lies in hypocrisy; having their conscience seared with a hot iron;*
- 1Tim 1:5 Now the end of the commandment is charity out of a pure heart, and of a good conscience, and of faith unfeigned:*
- Heb 5:8 Though he were a Son, yet learned he obedience by the things which he suffered;*
- Heb 5:9 And being made perfect, he became the author of eternal salvation unto all them that obey him;*
- Heb 12:6 For whom the Lord loveth he chasteneth, and scourgeth every son whom he receiveth.*
- Heb 12:7 If ye endure chastening, God dealeth with you as with sons; for what son is he whom the father chasteneth not?*
- Heb 12:9 Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live?*
- Heb 12:10 For they verily for a few days chastened us after their own pleasure; but he for our profit, that we might be partakers of his holiness.*
- Heb 12:11 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.*
- Jas 1:17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.*
- Jas 2:23 And the scripture was fulfilled which saith, Abraham believed God, and it was imputed unto him for righteousness: and he was called the Friend of God.*
- Jas 5:12 But above all things, my brethren, swear not, neither by heaven, neither by the earth, neither by any other oath: but let your yea be yea; and your nay, nay; lest ye fall into condemnation.*
- 1Pet 1:15 But as he which hath called you is holy, so be ye holy in all manner of conversation;*
- 1Pet 1:16 Because it is written, Be ye holy; for I am holy.*
- 1Pet 3:21 which figure now also saves us, baptism; not a putting away of the filth of the flesh, but the answer of a good conscience toward God, by the resurrection of Jesus Christ*
- 1Joh 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.*
- Rev 3:19 As many as I love, I rebuke and chasten: be zealous therefore, and repent.*

Session 3

Training in Godliness



Notes:

Build moral compass

Aim - Train to principles



Notes:

Biggest parenting determinant = our expectations

Don't confuse the process with the outcome

Strategy - Secure boundaries

Choices and level of responsibility

Notes:

Children learn by doing

Limit choices to age appropriate

Gives privileges (freedoms) with responsibilities

Training in Respect for others:

- Authority
- People
- Peers
- Property
- Nature

Thinking of Others



Notes:

No Confusion or Frustration

Encourage Always

Don't bribe moral behaviour, but reward skills

Grace – cannot be given until consequences learnt

Challenge:



Notes:



Child's Behaviour	Heart Probing	Reproof ("Put Off")	Encouragement ("Put On")	Additional Verses
Lying, Deceit	1. Does God ever lie? 2. What does God think of lying? 3. Lying to avoid punishment brings more consequences as now you will be disciplined for lying as well.	Lying. Lying damages your relationship with your family and God hates a lying tongue – so you must "put off" lying (Eph 2:25; Prov 6:1-7))	Truthfulness. God's word is true and he delights in those who are truthful. (Prov 12:22; John 17:17)	Psa 19:9, 14 Prov 19:5, 9 Col 3:5
Defiant Attitude, Defiant Look	1. Are you obeying or disobeying with your attitude? 2. Are you truly obeying when you obey with an unwilling attitude?	Defiance. It is wicked for you to harden your face and foolish for you to despise instruction. (Prov 21:29; Prov 12:1)	Submission. A wise heart accepts command and a happy heart makes the face cheerful. (Prov 10:8; Prov 15:13)	Prov 17:22 Prov 28:14 Phil 2:5
Selfishness, "Me First"	1. Are you putting your bro/sis ahead of yourself or are you being selfish? 2. What would be a kind and generous thing to do?	Selfishness. "Do nothing out of selfish ambition of vain conceit, but in humility consider others better than yourselves" (Phil 2:3; Prov 3:27)	Generosity. "Honour one another above yourself" (Rom 12:10) "God loves a cheerful giver" (2 Cor 9:7)	Luk 6:38 Acts 20:35 Gal 6:10 Phil 2:1-4
Tattling	1. Could it be that you are delighting in getting your bro/sis into trouble? 2. Are you encouraging ?	Talebarring. If you are trying to get your bro/sis in trouble, you will get in trouble. (Prov 17:5)	Encouragement. "Spur one another on toward love and good deeds" (Heb 10:24)	Prov 11:12-13 Prov 16:28 1 Cor 13:6
Destructive with Toys, Property	1. Do you think you should be allowed to have this if you are going to destroy it? 2. Are you being considerate of the person who bought this?	Destruction. Wastefulness leads to poverty and a foolish man destroys what he has. (Luk 15:12-14; Prov 21:20)	Good Stewardship. You are blessed and trusted with more when you take care of what you have. (Matt 25:29)	1 Cor 4:2

Child's Behaviour	Heart Probing	Reproof ("Put Off")	Encouragement ("Put On")	Additional Verses
Whining & Complaining	1. Is your attitude showing thankfulness & contentment? 2. Are you communicating with a self-controlled voice? 3. Rather than complaining, what can you be thankful for in this situation?	Complaining. "do everything without complaining and arguing" (Phil 2:4)	Thankfulness. "It is God's will that you be thankful and joyful in all circumstances" (1 Thess 5:16-18)	Prov 17:22 Col 3:11, 23 Tit 2:12 Prov 25:28 Gal 5:22-23 Eph 4:29 1 Pet 1:5-8
Disobeying	1. Are you obeying or disobeying? 2. How did you disobey? 3. How does God want you to obey? <i>[Answer: all the way, straightaway, with a willing attitude]</i>	Disobedience. When you disobey me you are disobeying God and it will not go well with you. I love you too much to allow you to disobey. (Eph 6:1-3)	Obedience. "Children, obey your parents in everything for this pleases the lord" (Col 3:20)	Prov 13:13, 18, 24 Prov 23:13-14 Prov 15:32
Quarrelling, Arguing, Aggravating Picking on Others	1. Are you being strong and avoiding strife or are you being weak and participating in strife? 2. What can you do/say in order to keep peace with your bro/sis right now? 3. How can you show love and pursue peace?	Quarrelling. A harsh word stirs up anger. You need to depart from evil and do good because God says it is foolish to quarrel. (Prov 15:1; Psa 34:14; Prov 20:3) Strife. God hates those who stir up trouble among their brothers. (Prov 16:9)	Peace Making. A gentle answer turns away wrath. It is to your honour to avoid strife and to live at peace with everyone. (Prov 20:3; Rom 12:18; Prov 15:1)	Prov 10:12 Prov 12:20 Prov 15:18 Prov 28:25 Prov 29:2 Matt 5:23-25 Eph 4:26 Jam 1:19-20 1 Pet 3:11
Teasing, Tearing Others Down	1. Do these words show love peace and build up your bro/sis or do they stir up trouble or tear them down? 2. What can you say to edify (build up) your bro/sis?	Unwholesome Talk. "Do not let any unwholesome talk come out of your mouths" (Eph 4:29)	Edifying Words. The words of your mouth should be helpful in building others up according to their needs. (Eph 4:29)	Psa 34:14 Prov 26:18-19 Matt 19:19 1 Cor 13:4-7



Child Training

Child	Behaviour	Strategy (To Encourage/ Discourage)

Child Training

Child	Behaviour	Strategy (To Encourage/ Discourage)



Developing Godly Fruit in Our Families:

Love

- Family identity(making family a team – working and playing together)
- Family time – meals, bible readings & story time
- Keeping your marriage strong
- date night/couch time/coffee time
- Siblings - care & compassionate
- Family hugs
- Playing together - take them to park
- [love languages]
- Help each other
- Speak in love (love is not rude)
- Balancing the needs of individual temperament with overall family goals eg sporty/social / introverted
- Memorable family times

Joy

- Happy for others
- Happy for achievements of others in family (Celebrate as family when one does well)

- Sharing successes
- Celebrate day for each - birthday
- Gifts to share - end of year
- Joy for truth - (Sunday school, pamphleting)

Peace

- Self control – have child fold hands in lap
- "quiet time" during the day
- Story books (audio)
- Meeting mat & behaviour
- Limit choices to age appropriate
- Be a peacemaker
- Resolve conflict [request forgiveness]

Longsuffering

- (patience) - self control
- Waiting in highchair
- Waiting at lunch days
- Doctors waiting rooms etc
- Waiting until teatime - not instant gratification for every desire

- Interrupt rule – put hand on parents if they are talking and wait
- Sharing/turns with playing & toys
- ** Our personal example of patience

Gentleness

- Younger family members/babies
- Care for and be gentle with pets
- Gentle with toys (property)
- The way we treat each other
- Gentle speech

Goodness

- virtue - beneficence/ attitude/ behaviour
 - guarding tongue & tone
 - Thinking of others
 - thankfulness
 - respect
- Including Other
- Thinking of others
- Contributing in ecclesial environment

Faith

- Trust in God
- Conviction (not half hearted)
- Develop trustworthy children
- Praying together
- Readings

- ** Our Example of being trustworthy
- ** Our example of trusting in God

Meekness

- (Teachable) – need to spend time with them
- First time obedience
- No tattling (not delighting in misfortune of others)
- Family Chores
- Heart training, conscience, attitude, thoughtfulness
- Discipling & training (discipline)

Self Control

- Compliance without frustration (no tantrums)
- Self control - quiet hands
- Interrupt rule
- Value of Money
- Waiting patiently – lunchtime etc
- Encouraging responsible choices
- Not too many choices too early
- Avoid Overstimulation (too many toys, books etc.)



25 Manners Children Should Know by Age Nine

1. When asking for something, say "Please."
2. When receiving something, say "Thank you."
3. Do not interrupt grown-ups who are speaking with each other unless there is an emergency. They will notice you and respond when they are finished talking.
4. If you do need to get somebody's attention right away, the phrase "excuse me"
5. When you have any doubt about doing something, ask permission first. It can save you from many hours of grief later.
6. The world is not interested in what you dislike. Keep negative opinions to yourself, or between you and your friends, and out of earshot of adults.
7. Do not comment on other people's physical characteristics unless, of course, it's to compliment them, which is always welcome.
8. When people ask you how you are, tell them and then ask them how they are.
9. When you have spent time at your friend's house, remember to thank his or her parents for having you over and for the good time you had.
10. Knock on closed doors -- and wait to see if there's a response -- before entering.
11. When you make a phone call, introduce yourself first and then ask if you can speak with the person you are calling.
12. Be appreciative and say "thank you" for any gift you receive. In the age of e-mail, a handwritten thank-you note can have a powerful effect.
13. Never use foul language in front of adults.
14. Don't call people mean names.
15. Do not make fun of anyone for any reason. Teasing shows others you are weak, and ganging up on someone else is cruel.
16. Even if a play or an assembly is boring, sit through it quietly and pretend that you are interested. The performers and presenters are doing their best.
17. If you bump into somebody, immediately say "Excuse me."
18. Cover your mouth when you cough or sneeze, and don't pick your nose in public.
19. As you walk through a door, look to see if you can hold it open for someone else.
20. If you come across a parent, a teacher, or a neighbor working on something, ask if you can help. If they say "yes," do so -- you may learn something new.
21. When an adult asks you for a favor, do it without grumbling and with a smile.
22. When someone helps you, say "thank you." That person will likely want to help you again. This is especially true with teachers!
23. Use eating utensils properly. If you are unsure how to do so, ask your parents to teach you or watch what adults do.
24. Keep a napkin on your lap; use it to wipe your mouth when necessary.
25. Don't reach for things at the table; ask to have them passed.

By David Lowry, Ph.D. from Parents Magazine

Additional Bible Studies and References:

- Exo 23:8 And thou shalt take no gift: for the gift blindeth the wise, and perverteth the words of the righteous.*
- Exo 34:6 And the LORD passed by before him, and proclaimed, The LORD, The LORD God, merciful and gracious, longsuffering, and abundant in goodness and truth,*
- Exo 34:7 Keeping mercy for thousands, forgiving iniquity and transgression and sin, and that will by no means clear the guilty; (Character of God)*
- Lev 19:18 Thou shalt not avenge, nor bear any grudge against the children of thy people, but thou shalt love thy neighbor as thyself: I am the LORD.*
- Lev 19:32 Thou shalt rise up before the hoary head, and honor the face of the old man, and fear thy God: I am the LORD*
- Deu 6:4 Hear, O Israel: The LORD our God is one LORD:*
- Deu 6:5 And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.*
- Deu 6:6 And these words, which I command thee this day, shall be in thine heart:*
- Deu 6:7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.*
- Deu 6:8 And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes.*
- Deu 6:9 And thou shalt write them upon the posts of thy house, and on thy gates.*
- Deu 25:15 But thou shalt have a perfect and just weight, a perfect and just measure shalt thou have: that thy days may be lengthened in the land which the LORD thy God giveth thee.*
- Psa 15:1 LORD, who shall abide in thy tabernacle? who shall dwell in thy holy hill?*
- Psa 15:2 He that walketh uprightly, and worketh righteousness, and speaketh the truth in his heart.*
- Psa 15:3 He that backbiteth not with his tongue, nor doeth evil to his neighbour, nor taketh up a reproach against his neighbour.*
- Psa 50:10 For every beast of the forest is mine, and the cattle upon a thousand hills.*
- Pro 3:5 Trust in the LORD with all thine heart; and lean not unto thine own understanding.*
- Pro 3:6 In all thy ways acknowledge him, and he shall direct thy paths.*
- Pro 3:7 Be not wise in thine own eyes: fear the LORD, and depart from evil.*
- Pro 3:8 It shall be health to thy navel, and marrow to thy bones.*



- Pro 8:33 Hear instruction, and be wise, and refuse it not.*
- Pro 10:17 He is in the way of life that keepeth instruction: but he that refuseth reproof erreth.*
- Pro 12:10 A righteous man regardeth the life of his beast:*
- Pro 25:12 As an earring of gold, and an ornament of fine gold, so is a wise reprovcr upon an obedient ear.*
- Ecc 7:7 and a gift destroyeth the heart.*
- Lam 3:22 It is of the LORD'S mercies that we are not consumed, because his compassions fail not.*
- Lam 3:23 They are new every morning: great is thy faithfulness.*
- Mat 5:16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.*
- Mat 5:48 You however are to be complete in goodness, as your Heavenly Father is complete. (WHEY)*
- Mar 12:31 And the second is like, namely this, Thou shalt love thy neighbor as thyself. There is none other commandment greater than these.*
- Mar 12:33 And to love him with all the heart and with all the understanding, and with all the soul, and with all the strength, and to love his neighbor as himself, is more than all whole burnt offerings and sacrifices.*
- Luk 6:31 And as ye would that men should do to you, do ye also to them likewise.*
- Luk 10:2 Therefore said he unto them, The harvest truly is great, but the labourers are few: pray ye therefore the Lord of the harvest, that he would send forth labourers into his harvest.*
- Luk 10:3 Go your ways: behold, I send you forth as lambs among wolves.*
- Rom 1:29 Being filled with all unrighteousness, fornication, wickedness, covetousness, maliciousness; full of envy, murder, debate, deceit, malignity; whisperers, Rom 1:30 Backbiters, haters of God, despiteful, proud, boasters, inventors of evil things, disobedient to parents,*
- Rom 2:2 But we are sure that the judgment of God is according to truth against them which commit such things.*
- Rom 12:9 Let love be without dissimulation (hypocrisy). Abhor that which is evil; cleave to that which is good.*

Rom 12:17 Recompense to no man evil for evil. Provide things honest in the sight of all men.

Rom 13:1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

Rom 13:2 Whosoever therefore resisteth the power, resisteth the ordinance of God: and they that resist shall receive to themselves damnation.

Rom 13:3 For rulers are not a terror to good works, but to the evil. Wilt thou then not be afraid of the power? do that which is good, and thou shalt have praise of the same:

Rom 13:4 For he is the minister of God to thee for good. But if thou do that which is evil, be afraid; for he beareth not the sword in vain: for he is the minister of God, a revenger to execute wrath upon him that doeth evil.

Rom 13:7 Render therefore to all their dues: tribute to whom tribute is due; custom to whom custom; fear to whom fear; honor to whom honor.

Rom 13:8 Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law.

Rom 13:9 For this, Thou shalt not commit adultery, Thou shalt not kill, Thou shalt not steal, Thou shalt not bear false witness, Thou shalt not covet; and if there be any other commandment, it is briefly comprehended in this saying, namely, Thou shalt love thy neighbor as thyself.

1Cor 13:5 Doth not behave itself unseemly, ... (Love is not rude)

Gal 3:24 Wherefore the law was our schoolmaster to bring us unto Christ, that we might be justified by faith.

Eph 6:1 Children, obey your parents in the Lord: for this is right.

Eph 6:2 Honor thy father and mother; which is the first commandment with promise;

Eph 6:3 That it may be well with thee, and thou mayest live long on the earth.

Eph 6:4 And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.

Phil 1:6 Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:

Php 2:3 Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves.

Php 4:9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

Col 3:9 Do not lie to one another,...

Col 3:13 Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye.



Col 3:20 Children, obey your parents in all things: for this is well pleasing unto the Lord.

Col 3:21 Fathers, provoke not your children to anger, lest they be discouraged.

1Tim 1:5 But the goal of our instruction is love from a pure heart and a good conscience and a sincere faith. (NASB)

Tit 3:2 to speak evil of no one, not being quarrelsome, but forbearing, showing all meekness to all men. (...be courteous to all men.)

Heb 10:24 And let us consider one another to provoke unto love and to good works:

Heb 12:11 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.

Heb 13:17 Obey them that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy, and not with grief: for that is unprofitable for you.

Heb 13:20 Now the God of peace, that brought again from the dead our Lord Jesus, that great shepherd of the sheep, through the blood of the everlasting covenant,

Heb 13:21 Make you perfect in every good work to do his will, working in you that which is wellpleasing in his sight, through Jesus Christ; to whom be glory for ever and ever. Amen.

Jas 2:8 If ye fulfill the royal law according to the Scripture, Thou shalt love thy neighbor as thyself, ye do well:

1Pet 2:12 Having your conversation honest among the Gentiles: that, whereas they speak against you as evildoers, they may by your good works, which they shall behold, glorify God in the day of visitation.

1Pet 2:13 Submit yourselves to every ordinance of man for the Lord's sake: whether it be to the king, as supreme;

1Pet 2:14 Or unto governors, as unto them that are sent by him for the punishment of evildoers, and for the praise of them that do well.

1Pet 2:17 Honor all men. Love the brotherhood. Fear God. Honor the king.

1Pet 5:5 Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble.

Rev 22:12 And, behold, I come quickly; and my reward is with me, to give every man according as his work shall be.



Notes:

Last Days

Noah

Lot



Notes:

Drifting Along

Screens

Moral Refuge



Notes:

Moral Refuge

Obedient and Diligent

Family Identity



Notes:

Memorable Moments

Reinforce your Values

Chores are commitment to Family

Forgiveness

Challenge:



Notes:



Family Identity:

What is quintessentially 'Family' to me that I want to pass on:

What are our regular "must do's" and be characterised by as a Family:

What are some potential traps we will try and avoid as a Family:



Family Identity:

Key Attitudes for our Family will be:

Key Highlights for our Family will be

Our Family Goals:

24 Family Character Qualities

Godliness

Wanting more than anything else to please God in everything that I think, say, and do.

Trust in God

Remembering every day that God loves me and will take care of me.

Reverence

Honouring God, my parents and all proper authorities because of who they are in God's eyes

Submissive

Willingly accepting and following the authorities God has placed over my life

Love

Wanting only the best for others and showing it in how I treat them and speak to them

Service

Doing for others without expecting them to do anything for me in return

Encouragement

Speaking words to others that build them up and lift them up in the lord

Forgiveness

Treating someone who has offended me as though I had never been hurt

Thankfulness

Being glad and grateful for my life, & showing it

Contentment

Deciding to be happy with my circumstances, whatever they may be

Generosity

Happily sharing with others all that God has given to me

Stewardship

Using Wisely everything that God has given to me – my time, my talents and my treasures.

Diligence

Working hard on a task and keeping at it until I finish it

Initiative

Doing what needs to be done without needing to be asked

Cooperation

Joyfully working with others to do more in less time than I can do by myself

Responsibility

Choosing to do what I know I should do because it is the right thing to do

Joyfulness

Happiness in my heart that comes out on my face and through my words

Peacemaker

Finding a way to avoid or end a disagreement rather than to begin or to win it

Patience

Keeping a calm spirit while waiting for God to work out His will

Graciousness

treating all people with the respect they deserve because they are made in Gods image

Integrity

Knowing what is right and living that way

Discernment

Learning to recognise right and wrong so I can choose what is right

Self-Control

Choosing to control my thoughts and feelings so they do not control me

Honesty

telling what I know is true without any hint of deception or falsehood



24 Family Ways

Concerning **AUTHORITIES** in our family...

1. We love and obey our Lord Jesus Christ, with wholehearted devotion
2. We read the Bible and Pray to God every day with an open heart.
3. We honour and obey our parents in the Lord with a respectful attitude.
4. We listen to correction and accept discipline with a submissive spirit.

Concerning **RELATIONSHIPS** in our family...

5. We love one another, treating others with kindness, gentleness, and respect.
6. We serve one another, humbly thinking of the needs of others first.
7. We encourage one another, using only words that build up and bless others.
8. We forgive one another, covering an offence with love when wronged or hurt.

Concerning **POSSESSIONS** in our family...

9. We are thankful to God for what we have, whether it is a little or a lot.
10. We are content with what we have, not coveting what others have.
11. We are generous with what we have, sharing freely with others.
12. We take care of what we have, using it wisely and responsibly.

Concerning **WORK** in our family...

13. We are diligent to complete a task promptly and thoroughly when asked.
14. We take initiative to do all of our own work without needing to be told.
15. We work with a cooperative spirit, freely giving and receiving help.
16. We take personal responsibility to keep our home neat and clean at all times.

Concerning **ATTITUDES** in our family...

17. We choose to be joyful, even when we feel like complaining.
18. We choose to be peacemakers, even when we feel like arguing.
19. We choose to be patient, even when we feel like getting our own way.
20. We choose to be gracious, even when we don't feel like it.

Concerning **CHOICES** in our family...

21. We do what we know is right, regardless of what others do or say.
22. We ask before we act, when we do not know what is right to do.
23. We exercise self-control at all times and in every kind of situation.
24. We always tell the truth and do not practice deceitfulness of any kind.

(from "Our 24 Family Ways" by Clay Clarkson)

Read Aloud to your Children

Good book list: <http://pitcher.id.au/books.html>

Nature Play's list of 51 things your kids should do before they turn 12...

1. Climb a tree
2. Sleep under the stars (even in your backyard)
3. Fall off a bike
4. Learn to swim
5. Build a cubby or a tree house
6. Find a geocache (geocaching.com) in your neighbourhood
7. Go beachcombing after a storm
8. Cook damper on a campfire
9. Go on a school camp in the bush
10. Catch a wave (start with a small one)
11. Play chasey in the rain
12. Catch a yabby (or have fun trying)
13. Make a water slide with builders' plastic and a hose (do it on your watering day)
14. Find a cave
15. Make something with things you find
16. Play in a creek
17. Do something you're scared of
18. Watch kangaroos in the wild
19. Slide down a grass hill on cardboard
20. Yell "cooeee!" in a gorge or a valley
21. Camp on a beach
22. Build a sandcastle city
23. Skim a stone
24. Plant something and watch it grow
25. Play spotlight
26. Ride your bike on a bush trail
27. Visit an island
28. Go for a two-day hike
29. Snorkel at the beach or on a reef
30. Ride a flying fox
31. Play under a sprinkler
32. Climb a big rock
33. Play in the bush for a whole day
34. Visit a waterhole
35. Meet kids in a park and invent a game
36. Paddle a kayak
37. Dig for worms in your backyard
38. Catch a crab
39. Learn the Aboriginal names for five plants and five animals
40. Visit a national park
41. Catch a fish
42. Play on a rope swing
43. Eat bush tucker
44. Make a kite and fly it
45. Jump in a muddy puddle
46. Identify the birds in your backyard
47. Go abseiling
48. Catch a tadpole (and release it)
49. Make a mud pie
50. Find a lake, puddle or pond and use a magnifying glass to spot the living creatures swimming in it
51. Play beach cricket

Source: natureplaysa.org.au

Examples of age appropriate bible definitions:

Word	Younger	Older
Adultery	Wanting to be married to someone else	Sexual intercourse with someone else's wife or husband. Also mentally fantasising Matt 5:7-8
Fornication	Treating someone as if you are married to them when you are not	Sexual intercourse or sexual play with someone when they are not married.
Lasciviousness	Always wanting more	Uncontrolled sexual desire
Idolatry	Worshipping an idol or figure	Worshipping something instead of God
Issue of Blood	Slow bleeding that won't stop	Continual menstruation, instead of a few days each month.
Witchcraft	Someone pretending to know the future	Like fortune telling Black magic and sorcery believed to be the work of the devil
Circumcision	A piece of skin is cut off, when they are a baby	Having the loose skin at the end of the penis removed - No longer required (Rom 2:29)
Demon	Sickness or illness	An illness – that could be physical or mental
Immorality	Words and behaviour that God doesn't like	Behaviour that is rude and not modest
Knew her	Sharing the same bed	Having sexual intercourse
Lust	Wanting something really badly	Unrestrained sexual desires
Naked	Having no clothes on	Nude
Temptation	Wanting something	Thinking about doing wrong things

Examples of age appropriate bible definitions (cont) :

Word	Younger	Older
Whoremonger	Living a life where they don't care about God,	A person who pays to have sexual intercourse with another person
Temperance	Having control of yourself	Self-control and restraint
Conscience	Knowing what is good	Our minds telling us to do what is right
Glutton	Eating too much	Over indulging their appetite
Winebibber	Someone who drinks too much wine	Someone who drinks too much alcohol and it affects their behaviour
Drunkenness	Someone who has drunk too much wine and made themselves sick	Drinking to excess and losing control of their behaviour
Evil eye	Wanting what other people have	Watching someone with the intention of doing them harm
Pride	Thinking and acting like you are the most important	Having an inflated opinion of themselves
Covetous	Wanting what other people have	Being envious or jealous of other people's possessions or position
Lewdness	Rude	Smutty, obscene and indecent
Licentiousness	They think they are free to do as they please	Without moral restraint
Eunuch	Man who cannot have children	A male who has had his reproductive organs (testicles) removed so he cannot have children and to take away his sexual desire.

Examples of bible passage explanations:

Gen 38 - Onan	Did not want to pay for or be obligated to bring up children in his brother's name, so when he took his brother's widow as wife, in sexual intercourse he would deliberately pull out so as not to impregnate her with his sperm. He wanted the benefits of marrying his dead brother's widow, but none of the responsibilities. (cp Deut 25:5 'duty', cp Ruth 4)
Gen 39 - Joseph & Potiphar's wife	Every room has a door and window (you always have a way of escape 1 Cor 10:13, flee youthful lusts 2 Tim 2:22)
Judges 19 - abuse of concubine	There are evil people out there, which is why we follow precautions like go to public toilets in pairs. It is one of the reasons we always pray to God to watch over us (Mark 7:23, Deut 31:8)
2 Sam 13 - Tamar	Amnon had an unhealthy obsession with his sister – like a stalker. She was forbidden to him and that made him obsess over her more. Once he had intercourse with her and defiled her he discarded her as she was no longer his obsession. We need to be careful not to fantasize about immoral things, otherwise they can influence immoral behaviour – because we have already done it in our minds over and over it can lead to committing immorality and defiling others as well as ourselves and our minds. (cp keep your heart[mind] Prov 4:23, think about wholesome things Phil 4:8-9)
2 Sam 11 - David & Bathsheba	She was Uriah's lamb. God shows the tenderness of their relationship in this story. If someone like David can fail in two commandments we need to realise we can be weak too, so keep out of temptation (lead me not into temptation = prayer). Battle for control starts in our minds (matt 5:28, Job 31:1)

Purposeful Parenting Checklist

- ✓ How can I be a more Godly parent?
 - God is Love (1 John 4:8, 16)
 - God is consistent (James 1:17)
 - God is longsuffering and patient (Exodus 34:6, Psa 86:15)
 - God is faithful (Lam 3:23, Heb 10:23)
- ✓ Is God at the Centre of our Family?
 - How Can we show His Glory to others?
 - What can we improve on?
- ✓ How am I going to demonstrate the relationship of Christ and his bride in our marriage?
- ✓ Are we characterised by loving Communication?
 - How can I make more time for this?
- ✓ What are our Family Goals?
- ✓ What will be the key highlights of our Family Identity?
 - What will we make sure we do?
 - What will we never do?
- ✓ What is our plan to fit in the readings?
- ✓ Is prayer an integral part of our family life?
 - What else can we do so our children feel like God is their Father?
- ✓ Do other people enjoy our children?
- ✓ Are our children characterised by Obedience?
- ✓ Do I show respect?
 - Are our children respectful?
- ✓ What can we do so that our family is characterised by thinking of others?
- ✓ What are the key areas of Training our children require?
- ✓ Can I be more consistent and fair with discipline?
- ✓ How can I focus on patience and have more faith and trust in God?



Additional Bible Studies and References:

- Gen 6:9 *These are the generations of Noah: Noah was a just man and perfect in his generations, and Noah walked with God.*
- Gen 6:22 *Thus did Noah; according to all that God commanded him, so did he.*
Gen 7:5 *And Noah did according unto all that the LORD commanded him.*
- Gen 13:10 *And Lot lifted up his eyes and saw [Sodom]*
Gen 13:11 *So Lot chose for himself all the Jordan Valley....*
Gen 13:12 *..., and Lot dwelled in the cities of the plain, and pitched his tent toward Sodom.*
- Gen 14:12 *They also took Lot, ..., who was dwelling in Sodom,*
Gen 19:1 *..., and Lot was sitting in the gate of Sodom*
- Eod 34:6 *And the LORD passed by before him, and proclaimed, The LORD, The LORD God, merciful and gracious, longsuffering, and abundant in goodness and truth,*
- Deu 6:5 *And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.*
- Deu 6:6 *And these words, which I command thee this day, shall be in thine heart:*
Deu 6:7 *And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.*
- Deu 31:6 *Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.*
- Psa 103:13 *Like as a father pitieth his children, so the LORD pitieth them that fear him.*
- Psa 121:7 *The LORD shall preserve thee from all evil: he shall preserve thy soul.*
Psa 121:8 *The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.*
- Pro 20:11 *Even a child is known by his doings, whether his work be pure, and whether it be right.*
- Jer 29:11 *'For I know the plans that I have for you,' declares the LORD, 'plans for welfare and not for calamity to give you a future and a hope.*
- Lam 3:22 *It is of the LORD'S mercies that we are not consumed, because his compassions fail not.*
Lam 3:23 *They are new every morning: great is thy faithfulness.*

- Eze 8:9 *And he said unto me, Go in, and behold the wicked abominations that they do here.*
- Eze 8:10 *So I went in and saw; and behold every form of creeping things, and abominable beasts, and all the idols of the house of Israel, portrayed upon the wall round about.*
- Eze 8:12 *Then said he unto me, Son of man, hast thou seen what the ancients of the house of Israel do in the dark, every man in the chambers of his imagery? for they say, The LORD seeth us not; the LORD hath forsaken the earth.*
- Hab 2:14 *For the earth shall be filled with the knowledge of the glory of the LORD, as the waters cover the sea..*
- Mat 5:14 *Ye are the light of the world. A city that is set on a hill cannot be hid.*
- Mat 5:15 *Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.*
- Mat 5:16 *Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.*
- Mat 5:28 *But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.*
- Mat 5:45 *That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.*
- Luk 17:26 *And as it was in the days of Noe, so shall it be also in the days of the Son of man.*
- Luk 17:27 *They did eat, they drank, they married wives, they were given in marriage, until the day that Noe entered into the ark, and the flood came, and destroyed them all.*
- Luk 17:28 *Likewise also as it was in the days of Lot; they did eat, they drank, they bought, they sold, they planted, they builded;*
- Luk 17:29 *But the same day that Lot went out of Sodom it rained fire and brimstone from heaven, and destroyed them all.*
- Luk 17:30 *Even thus shall it be in the day when the Son of man is revealed.*
- Luk 17:31 *In that day, he which shall be upon the housetop, and his stuff in the house, let him not come down to take it away: and he that is in the field, let him likewise not return back.*
- Luk 17:32 *Remember Lot's wife.*
- Joh 17:15 *I pray not that thou shouldest take them out of the world, but that thou shouldest keep them from the evil.*



- Rom 7:7 *What shall we say then? Is the law sin? God forbid. Nay, I had not known sin, but by the law: for I had not known lust, except the law had said, Thou shalt not covet.*
- Rom 12:17 *Recompense to no man evil for evil. Provide things honest in the sight of all men.*
- 1Cor 10:23 *All things are lawful for me, but all things are not expedient: all things are lawful for me, but all things edify not.*
- 1Cor 10:31 *Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.*
- 2Cor 6:17 *Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you,*
- 2Cor 6:18 *And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty.*
- 2Cor 7:1 *Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.*
- Eph 4:32 *And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*
- Eph 5:1 *Be ye therefore followers of God, as dear children;*
- Phil 1:10 *Approve that which is good [excellent] (i.e. go beyond)*
- Php 4:8 *Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*
- 1Th 5:21 *Prove all things; hold fast that which is good.*
- 1Th 5:22 *Abstain from all appearance of evil.*
- 1Th 5:23 *And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.*
- 2Th 3:1 *Finally, brethren, pray for us, that the word of the Lord may have free course, and be glorified, even as it is with you:*
- 2Th 3:2 *And that we may be delivered from unreasonable and wicked men: for all men have not faith.*
- 2Th 3:3 *But the Lord is faithful, who shall stablish you, and keep you from evil.*
- 2Th 3:4 *And we have confidence in the Lord touching you, that ye both do and will do the things which we command you.*
- 2Th 3:5 *And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.*

- 1Tim 2:15 *Notwithstanding she shall be saved in [childrearing], if they continue in faith and charity and holiness with sobriety.*
- 1Tim 5:1 *Rebuke not an elder, but intreat him as a father; and the younger men as brethren;*
- 1Tim 5:2 *The elder women as mothers; the younger as sisters, with all purity.*
- 2Tim 3:1 *This know also, that in the last days perilous times shall come.*
- 2Tim 3:2 *For men shall be lovers of their own selves, covetous, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy,*
- 2Tim 3:3 *Without natural affection, trucebreakers, false accusers, incontinent, fierce, despisers of those that are good,*
- 2Tim 3:4 *Traitors, heady, highminded, lovers of pleasures more than lovers of God;*
- Heb 11:7 *By faith Noah, being warned of God of things not seen as yet, moved with fear, prepared an ark to the saving of his house; by the which he condemned the world, and became heir of the righteousness which is by faith.*
- Jas 2:14 *What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him?*
- Jas 2:15 *If a brother or sister is poorly clothed and lacking in daily food,*
- Jas 2:16 *and one of you says to them, "Go in peace, be warmed and filled," without giving them the things needed for the body, what good is that?*
- Jas 2:17 *So also faith by itself, if it does not have works, is dead.*
- Jas 4:7 *Range yourselves, therefore, under God, but withstand the adversary, and he will flee from you: (ROTH)*
- 1Pe 2:12 *Having your conversation [way of life] honest among the Gentiles: that, whereas they speak against you as evildoers, they may by your good works, which they shall behold, glorify God in the day of visitation.*
- 1Pe 3:20 *Which sometime were disobedient, when once the longsuffering of God waited in the days of Noah, while the ark was a preparing, wherein few, that is, eight souls were saved by water.*
- 1Pe 3:21 *The like figure whereunto even baptism doth also now save us (not the putting away of the filth of the flesh, but the answer of a good conscience toward God,) by the resurrection of Jesus Christ:*



Session 5

Encouraging Responsive Young Adults

Notes:

God as Moral Source

- Communication
- Conscience
- Consistency

Parenting Process = Age appropriate parenting

Coaching

Link Privileges to Responsibilities



Notes:

Communication

Conversation starter:

- What Happened?
- How do you feel about it?
- What are you going to do about it?

Families – it's not just about sharing a last name – it's about sharing a life together!!!

Choices

Notes:

Parenting in times of non-conflict

Contribution

Consistency – respect is both ways

Challenge:



Notes:

Talking to Teenagers

- **Listen With Full Attention:** Everyone needs to feel understood. The big mistake is thinking kids are any different.
- **Acknowledge Their Feelings:** Paraphrase what they said. Don't say you understand, show them you do.
- **Give Their Feelings A Name:** "Sounds like you feel this is unfair." It calms the brain.
- **Ask Questions:** You want to resolve their underlying emotional needs, not get into a logical debate.



Ideas of Age Appropriate Responsibilities

Adapted from "Mothers & Sons: Raising Boys to be Men" by Jean Lush

9 – 24 months

Putting dirty clothes in hamper.

"Helping" with grocery shopping (putting items in basket and on check-out counter, handing things to mom to be put away at home.)

Cleaning with mom (give child a dust rag, child size broom, empty spray can/windex bottle for "pretend" cleaning).

Watering plants (with pre-measured amounts!).

Beginning to help make beds – (begins with handing the pillows to mom until later).

Yard work (helping collect trash and toys, etc.).

Simple errands ("bring the diaper to mommy, please," etc.).

2 – 3 years

As language develops, requiring politeness on a regular basis ("please", "thankyou", "May I please be excused", greeting, etc.).

Generally including child in every-day activities on a regular basis (cleaning, shopping, etc.).

More complicated errands ("Take this towel and put it in the hamper", etc.).

Laundry (beginning to help with sorting by mom handing them things to put in appropriate piles, transferring clothes from dryer to basket, etc.).

Learning more specific neatness qualities (putting toys in proper spots).

Taking their dishes to the sink and helping to clear table.

Carrying groceries in from car (give child one light item or a small bag).

General errands (carrying diaper bag into meeting, carrying mom's purse to the car, etc.).

Simple decision-making ("Would you like juice or milk to drink?").

Put books and magazines in a rack.

Place napkins, plates, and silverware on the table.

Clean up what they drop after eating.

Toilet training.

3 -4 years

Making bed (begins with watching mom — mom helping child — mom watching child) standards must be clear and reminders frequent.

Keeping room neat and taking daily responsibility for it.

Regular morning routine becoming established (getting dressed, cleaning room before breakfast).

More complex decision-making ("Would you like to wear the blue or green pants?").

Becoming "other-oriented" (drawing pictures for someone, making encouragement notes to dictate to mom, thank you notes for birthday gifts).

Learning to use the telephone properly.

Established and regular responsibilities (bedroom, getting the mail, emptying bathroom trash cans, etc.).

Helping wash the car.

Simple hygiene – brush teeth, wash and dry hands and face, and brush hair.

Undress self – dress with some help.

Carry boxed or canned goods from the grocery sacks to the proper shelf.



4 – 5 years

Taking their laundry to designated place on laundry day.
Sorting laundry with supervision.
Begin learning to fold laundry and put it away.
Hang socks, handkerchiefs, and washcloths on a low line.
Vacuuming/sweeping.
Cleaning table after meals.
Helping with meal preparations (learning to measure, stir and use small appliances).
Spread butter on sandwiches.
Prepare cold cereal.
Help mother prepare plates of food for the family dinner.
Make a simple dessert (add topping to cupcakes, pour the toppings on ice cream).
Hold the hand mixer to whip potatoes or mix up a cake.
Setting the table.
Taking out the trash.
Helping make decisions about meal choices, outings, time with friends, etc.
Carrying groceries in from the car and putting them away.
Help with grocery shopping and compiling a grocery list.
Polish shoes and clean up afterwards.
Follow a schedule for feeding pets.
Help do the dishes or fill the dishwasher.
Dust the furniture.
Share toys with friends (practice courtesy).
Tell parent their whereabouts before going out to play.
Play without constant adult supervision and attention.
Polish silver.
Polish car.
Sharpen pencils.

5 – 6 years

Unsupervised responsibilities (making bed, washing out trash cans, etc.).
More complicated meal preparations (making frozen juice, toast, scrambling eggs, cutting with blunt knife, baking).
Make own sandwich or simple breakfast, then clean up.
Pour own drink.
Prepare the dinner table.
Tear up lettuce for the salad.
Helping with younger siblings (changing diapers, helping with bath, bottle feeding, entertaining while mom is out of the room, feeding/dressing toddler siblings).
Laundry (sorting, learning to use the washer/dryer, measuring detergent, fold clean clothes and put them away.) .
Cleaning (using cleaning supplies properly, cleaning unsupervised areas like bathtub or polishing furniture, clean mirrors and windows).
Sons — carrying “heavy” things for mom and helping with yardwork.
By this time child will begin to carry out responsibilities unasked and begin to offer help in areas parents don’t require help in.
Make bed and clean room.



5 – 6 years (..cont)

Dress on own and choose outfit for the day.
Learn to tie shoes.
Answer the telephone and begin to dial the phone.
Yardwork.
Pay for small purchases.
Help clean out the car.
Take out the garbage.
Decide how they want to spend their share of the family entertainment fund.
Feed their pets and clean the living area.

6 – 7 years

Simple meals prepared (making sandwiches for lunch, preparing drinks, fixing breakfast for mom and dad, preparing salad for dinner, peel vegetables).
Regular quiet time becoming a part of daily routine.
Totally unsupervised laundry responsibilities when needed.
Increased responsibilities for younger siblings (dressing infants/toddlers, entertaining them for longer periods by reading to them/playing records, etc., helping school them).
Learning the purpose and beginning usage of tools (lawn mower, hand tools, etc.) and helping with home maintenance.
Shake rugs.
Water plants and flowers.
Prepare own school lunch.
Help hang clothes on the clothesline.
Hang up own clothes in the closet.
Gather wood for the fireplace.
Rake leaves and weed.
Tie own shoes.
Care for their own minor injuries.
Keep the garbage container clean.
Clean out inside of car.
Straighten or clean out silverware drawer.
Oil and care for bike.
Take phone messages.
Run errands for parents.
Sweep and wash patio area.
Water the lawn.
Wash dog or cat.
Train pets.
Take pet for walk.
Carry in the grocery sacks.
Get self up in the morning and go to bed at night on own.
Learn to be polite, courteous, and to share; respect others.
Carry own lunch money and notes back to school.
Leave the bathroom in order.
Do simple ironing.



8 – 10 years

Complete responsibility for their rooms on a daily basis (bed making, dresser drawers, closet, vacuuming, etc.).

Unsupervised yard work (i.e., lawn mowing, edging, clean-up, gardening).

More complex meal preparations (pour and make tea, coffee, and instant drinks, using sharp instruments, baking, using appliances, beginning meal planning).

More difficult cleaning projects (scrubbing kitchen floor, windows, cleaning appliances).

Summer jobs (lawn mowing, dog sitting, babysitting, odd jobs for vacationers).

Financial planning (calc % for saving, offerings, gifts, & be responsible with parental oversight).

Beginning car maintenance (helping dad with minor repairs, learning tool usage, washing/wax)

Help rearrange furniture. Help plan the layout.

Run own bathwater.

Help others with their work when asked.

Shop for and select own clothing and shoes with parent.

Change school clothes without being told.

Fold blankets.

Sew buttons and sew rips in seams.

Clean storage room.

Clean up animal "messes" in the yard and house.

Cut flowers and make a centerpiece.

Pick fruit off trees.

Build a campfire, get items ready to cook out (charcoal, hamburgers).

Paint fence or shelves.

Help write simple letters.

Write thank-you notes.

Help with defrosting and cleaning the refrigerator.

Feed the baby.

Polish silverware, copper, or brass items.

Clean patio furniture.

Wax living room furniture.

Change sheets and put dirty sheets in hamper.

Buy groceries using a list and comparative shopping.

Cross streets unassisted.

Keep own appointments.

Receive and answer own mail.

Wait on guests.

Plan own birthday.

Simple first aid.

Do neighborhood chores.

Sew, knit, or weave (even using a sewing machine).

Do chores without a reminder.

Learn banking and to be thrifty and trustworthy.

Handle sums of money up to \$5.00.

Be alone at home for short periods.

Take the city bus to selected destinations.

Proper conduct when staying overnight with a friend. Pack own suitcase.

Responsible for personal hobby.

Handle self properly when in public places alone or with peers.

11 – 12 years

Join outside organizations, do assignments, and attend. Able to take responsibility as a leader.
 Put siblings to bed and dress them.
 Clean pool and pool area.
 Respect others' property.
 Run own errands.
 Mow lawn with supervision.
 Help Father build things and do family errands.
 Schedule themselves time for studies.
 Buy own sweets or treats.
 Responsible for a paper route.
 Check and add oil to car under supervision.

13 – 15 years

Determine how late they should stay up during the week. Also determine how late they should be out for evening gatherings (through mutual parent-child discussion and agreement).
 Responsibility for preparing family meals.
 Social awareness: good health, exercise, necessary rest, correct weight, nutritious food, physical examinations.
 Anticipate the needs of others and initiate the appropriate action.
 Acceptance of capabilities and limitations.
 Self-respect or individual worth.
 Responsibility for one's decision.
 Mutual respect, loyalty, and honesty in the family.

Adapted from "Mothers & Sons: Raising Boys to be Men" by Jean Lush





Additional Bible Studies and References:

- Deu 6:5 And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might.*
- Deu 6:6 And these words, which I command thee this day, shall be in thine heart:*
- Deu 6:7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.*
- Deu 30:19 I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:*
- Deu 30:20 That thou mayest love the LORD thy God, and that thou mayest obey his voice, and that thou mayest cleave unto him: for he is thy life, and the length of thy days: that thou mayest dwell in the land which the LORD sware unto thy fathers, to Abraham, to Isaac, and to Jacob, to give them.*
- 2Sa 23:3 The God of Israel said, the Rock of Israel spake to me, He that ruleth over men must be just, ruling in the fear of God.*
- Psa 25:7 Remember not the sins of my youth, nor my transgressions: according to thy mercy remember thou me for thy goodness' sake, O LORD.*
- Psa 71:5 For thou art my hope, O Lord GOD: thou art my trust from my youth.*
- Psa 71:17 O God, thou hast taught me from my youth: and hitherto have I declared thy wondrous works.*
- Psa 127:1 Except the LORD build the house, they labour in vain that build it: except the LORD keep the city, the watchman waketh but in vain.*
- Psa 127:2 It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep.*
- Psa 127:3 Lo, children are an heritage of the LORD: and the fruit of the womb is his reward.*
- Psa 127:4 As arrows are in the hand of a mighty man; so are children of the youth.*
- Psa 127:5 Happy is the man that hath his quiver full of them: they shall not be ashamed, but they shall speak with the enemies in the gate.*
- Psa 128:1 Blessed is every one that feareth the LORD; that walketh in his ways.*
- Psa 128:2 For thou shalt eat the labour of thine hands: happy shalt thou be, and it shall be well with thee.*
- Psa 128:3 Thy wife shall be as a fruitful vine by the sides of thine house: thy children like olive plants round about thy table.*
- Psa 128:4 Behold, that thus shall the man be blessed that feareth the LORD.*
- Psa 128:5 The LORD shall bless thee out of Zion: and thou shalt see the good of Jerusalem all the days of thy life.*
- Psa 128:6 Yea, thou shalt see thy children's children, and peace upon Israel.*
- Pro 3:5 Trust in the LORD with all thine heart; and lean not unto thine own understanding.*
- Pro 3:6 In all thy ways acknowledge him, and he shall direct thy paths.*
- Pro 3:7 Be not wise in thine own eyes: fear the LORD, and depart from evil.*

- Pro 3:8 It shall be health to thy navel, and marrow to thy bones.*
- Pro 10:12 Hatred stirreth up strifes: but love covereth all sins.*
- Pro 15:1 A soft answer turneth away wrath: but grievous words stir up anger.*
- Pro 15:4 A wholesome tongue is a tree of life: but perverseness therein is a breach in the spirit.*
- Pro 21:23 Whoso keepeth his mouth and his tongue keepeth his soul from troubles.*
- Pro 22:6 Train up a child in the way he should go: and when he is old, he will not depart from it.*
- Pro 25:28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.*
- Ecc 6:1 There is an evil which I have seen under the sun, and it is common among men:*
- Ecc 11:9 Rejoice, O young man, in thy youth; and let thy heart cheer thee in the days of thy youth, and walk in the ways of thine heart, and in the sight of thine eyes: but know thou, that for all these things God will bring thee into judgment.*
- Ecc 12:1 Remember now thy Creator in the days of thy youth, while the evil days come not, nor the years draw nigh, when thou shalt say, I have no pleasure in them;*
- Lam 3:26 It is good that a man should both hope and quietly wait for the salvation of the LORD.*
- Lam 3:27 It is good for a man that he bear the yoke in his youth.*
- Mic 6:8 He hath showed thee, O man, what is good; and what doth the LORD require of thee, but to do justly, and to love mercy, and to walk humbly with thy God?*
- Mar 12:29 And Jesus answered him, The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord:*
- Mar 12:30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.*
- Mar 12:31 And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.*
- Joh 15:13 Greater love hath no man than this, that a man lay down his life for his friends.*
- Joh 15:14 Ye are my friends, if ye do whatsoever I command you.*
- Joh 15:15 Henceforth I call you not servants; for the servant knoweth not what his lord doeth: but I have called you friends; for all things that I have heard of my Father I have made known unto you.*
- Rom 13:7 Render therefore to all their dues: tribute to whom tribute is due; custom to whom custom; fear to whom fear; honour to whom honour.*
- Eph 3:14 For this cause I bow my knees unto the Father of our Lord Jesus Christ,*
- Eph 3:15 Of whom the whole family in heaven and earth is named,*
- Eph 3:17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,*



- Eph 4:32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*
- Php 1:6 Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:*
- Php 1:9 And this I pray, that your love may abound yet more and more in knowledge and in all judgment;*
- Php 1:10 That ye may approve things that are excellent; that ye may be sincere and without offence till the day of Christ;*
- Php 1:11 Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God.*
- Php 3:14 I press toward the mark for the prize of the high calling of God in Christ Jesus.*
- Php 3:15 Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.*
- 1Tim 1:5 Now the end of the commandment is charity out of a pure heart, and of a good conscience, and of faith unfeigned:*
- 1Tim 4:12 Let no man despise thy youth; but be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity.*
- 2Tim 2:22 Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart.*
- Tit 2:6 Young men likewise exhort to be sober minded.*
- Tit 2:7 In all things shewing thyself a pattern of good works: in doctrine shewing uncorruptness, gravity, sincerity,*
- Tit 2:8 Sound speech, that cannot be condemned; that he that is of the contrary part may be ashamed, having no evil thing to say of you.*
- Heb 12:11 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.*
- Jas 2:23 And the Scripture was fulfilled which saith, Abraham believed God, and it was imputed unto him for righteousness: and he was called the Friend of God.*
- Rev 15:3 And they sing the song of Moses the servant of God, and the song of the Lamb, saying, Great and marvellous are thy works, Lord God Almighty; just and true are thy ways, thou King of saints.*